



November 2016

The Beat

A Thankful Heart!

Periodically our chaplains are allowed to experience the joy and excitement of a thankful heart – a parent who has just received good news that their child will recover – a wife who has just learned her husband of many years is recovering.

A Thankful Heart is expressed by sometimes a peaceful smile and sometimes with hands cupped gently over the face of a mom and a tearful thank you

seeps out. Joy and Peace abound – hugs are contagious! Thanksgiving!

I'm thankful to serve with a great Team of Chaplains – A very supportive COPC Board – First Responders – a totally awesome community that supports our Mission – Serving the Hearts and Minds of Central Oregon's First Responders.

As a Vietnam Vet – I'm Thankful for my fellow Vets especially those who are serving presently

and how our communities are finally saying – Thank You!

We all have a lot to be thankful for. Please find a way to celebrate this month of thanksgiving by demonstrating thanksgiving to those who serve and protect all of us.

Thanks to Brent and Angie for your support of what we do for our First Responders and the Community.

Blessings – pj



Here is Brent Landels & Angie Mombert of Building Bend/Caldwell Banker presenting a check to Jim Crowley to help support the COPC.



Assisting Individual in Crisis & Group Crisis Intervention Course

November 16-18, 2016

8:00 am to 5:00 pm each day

Course Location:

Westside Church
Bend Campus 2051 NW Shevlin
Park Rd, Bend

Cost of the Course: \$200

This **THREE DAY** course combines the Individual Crisis Intervention & Peer Support AND Group Crisis Intervention material. **Participants must attend all three days.**

Instructors for this course will be Chaplains Jim Crowley and Mike Dismore.

To see if there is room in the class and for information or questions contact Mike Dismore at 541-788-3364 or mjdismore@gmail.com



Prayer Requests

• Marriages of our Fire, Law Enforcement and Dispatch families. Our Chaplains meet weekly with officers, firefighters and dispatchers that request our assistance and prayers for their families.

• Covering of His Grace, Wisdom and Protection on our chaplains, agencies and families.

• There are many First Responder Families facing illnesses, surgery, and other physical ailments. Keep them and their families in prayer.

News & Events

• **COPC Chaplains Training** – First Tuesday each month from 0900-1200 hours usually at the COPC office in Bend.

• **COPC Board Meeting** – Second Thursday each month at the COPC office.

• **DCSO Corrections** – Chaplains Crowley, Dismore, Jemes, and Michalek continue to meet weekly for lunch with the Corrections Family.



A First Responder Prayer

We pray over the emergency responders of Central Oregon. Please keep these men and women safe; give them strength when they are called to duty, responding to danger and ugliness. Lord, please give them wisdom as they continue to help others. Let your love shine through our Chaplains as we continue to care and support the people and families of our emergency services. Amen.

COPC Chaplains

The Chaplains of Central Oregon Police Chaplaincy provide the crucial services that support the region's First Responders and the community. On an on-call basis, 24 hours a day, seven days a week, COPC Chaplains are dispatched to calls including deaths (Code 99s), death notifications, drownings, fires, homicides, hospital transports, infant and child deaths, motor vehicle accidents, search and rescue, suicides, and more.

In addition, COPC Chaplains provide confidential personal counseling and mentoring, hospital and home visits to assist in healing and provide support, critical incident stress debriefing and defusing for First Responders and the community following traumatic events. They officiate at ceremonies including funerals, weddings, celebrations, dedications, and other events. They do ride alongs and visit the First Responders at the agencies throughout Central Oregon. They also are involved in administrative duties, attending meetings, making community contacts, and fundraising.

Monthly training is offered to the COPC Chaplains, First Responders, and others; training to help Chaplains, Emergency Services Personnel and their family members maintain healthy relationships.



**Central Oregon
Police Chaplaincy**



Assisting Individuals in Crisis & Group Crisis Intervention



November 16-18, 2016

8:00 AM to 5:00 PM each day

Course Location: Westside Church - Bend Campus
2051 NW Shevlin Park Road, Bend, Oregon

Cost of the Course: \$200

Cost Includes: Registration, ICISF Materials & Certificates

This **3-day course** combines ALL of the content of ICISF's Assisting Individuals in Crisis & Group Crisis Intervention courses. Only those attending all hours of class will be issued certificates. Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several crisis interventions for individuals and groups. **Program Highlights:** Psychological crisis and psychological crisis intervention; Resistance, resiliency, recovery continuum; Critical Incident Stress Management; Basic crisis communication techniques; Common psychological and behavioral crisis reactions; SAFER-Revised model; Suicide intervention; Large and Small Group crisis interventions; Critical Incident Stress Debriefing (CISD).

Instructor Information: Chaplain Jim Crowley is the Executive Chaplain for Central Oregon Police Chaplaincy (COPC) having served them full time for over 14 years. He has earned the International Conference of Police Chaplains (ICPC) Diplomat Chaplain Credential. He is an Approved Instructor with the International Critical Incident Stress Foundation (ICISF) and the International Conference of Police Chaplains (ICPC). Jim is a member of the Central Oregon Critical Incident Stress Management team (COCISM). He serves on the Oregon State Police Critical Incident and Response Team (CIRT) and the Oregon State Fire Marshalls Chaplain Response Team (OCRT). Chaplain Mike Dismore has been a pastor since 1978. He is the Assistant Chaplain with COPC, an ICISF Approved Instructor, and has earned his Master Chaplain Credential with ICPC.

To see if there is room in the class and for further information or questions contact Chaplain Mike Dismore at mjdismore@gmail.com or 541-788-3364

To Register: Email Your Name, Address, Agency Name, Phone # and Email to:
Chaplain Mike Dismore at mjdismore@gmail.com

Payments can be made out and sent to: COPC; PO Box 1898; Redmond, OR 97756