

October 2016

Seasons

Seasons come and Seasons change I heard someone say recently. We are going through a change as October falls on us! It's like we waited all year for this to happen – some have tried to delay the inevitable! If we can see the changes coming we can prepare and strategize – sounds good!

We have watched the seasons of life change for our First Responders as the culture changes or tries to and individual lives are impacted by change. "The world we live in is just Crazy right now" – a Law Enforcement officer suggested.

COPC is changing with new Chaplains, New Board Members building relationships with New Officers, Fire Fighters, Dispatchers and City and County Employees.

We continue to accomplish training with a high Standard of excellence. We recently accomplished an Advanced ICISF – International Critical Incident and Stress Foundation _ Advanced Group Crisis Intervention class. Participants from attended Fire. Law Enforcement, Chaplains, Clinicians, Administrative levels and an Air Traffic Controller from Denmark!

COPC has as well served with agencies in the three counties of Central Oregon supporting and assisting with Marriage Ceremonies, Dispatched to 12 Suicides and 10 Vehicle Deaths over these last few weeks. We have cared for several funerals as well. These tragic events have induced change for a lot of folks – Parents and Family, First Responders and community members.

Sometimes it is a good strategy to acknowledge the changes we go through are just for a Season. They won't last forever!

Because we are a Faith Based Chaplaincy with a Christian influence I'm reminded of a Biblical foundation that has helped me with change and seasons – Heaven and earth will pass away, but My words will not pass away. <u>Matthew 24:35</u>

October always causes me to change a little!

You Are Loved – pj

Assisting Individual in Crisis AND Group Crisis Intervention Course November 16-18, 2016

8:00 am to 5:00 pm each day

Course Location: Westside Church - Bend Campus 2051 NW Shevlin Park Rd, Bend Cost of the Course: \$200

This **THREE DAY** course combines the Individual Crisis Intervention & Peer Support AND Group Crisis Intervention material. **Participants must attend all three days.**

Instructors for this course will be Chaplains Jim Crowley and Mike Dismore.

To see if there is room in the class and for information or questions contact Mike Dismore at 541-788-3364 or <u>midismore@gmail.com</u>

Central Oregon Police Chaplaincy

Serving the Hearts and Minds of Central Oregon's First Responders

www.copchaplain.com

The Central Oregon Police **Chaplaincy** is a Public Benefit non-profit organization with a volunteer board of members from the community, law enforcement agencies, emergency services agencies, clergy, and professionals that meet monthly to assist the chaplains in accomplishing ministrv for our law enforcement and emergency services families.

While in contact with the community, it is our mission to care for the troubled and those who have endured loss; those who have been victimized by events and tragedy that have left them abandoned, helpless and without hope.

Help Bring Calm To Chaos – Offering a safe place and safe relationship to the First Responders of Central Oregon. Offering help and assistance to those in crisis and facing traumatic circumstances.

Emergency Services – Chaplains are available for onscene support for all crisis intervention and assistance when needed.

Death Notifications – often the Departments and Agencies in Central Oregon call upon us to help convey the news of the death of a loved one to family and friends.

Training Others – we have assisted starting Chaplaincy Programs in a number of other Oregon Counties and Cities.

Hospital and Home Visits – to assist in healing and support ministry.

Providing Critical Incident Debriefing and Defusing – following a critical incident or traumatic event, for officers, emergency services personnel, and the community.

Officer Training and Public Awareness – to help the officer and emergency services personnel and their family members maintain healthy relationships to enhance their careers.

Training – we offer monthly training and specialized training to our chaplains and to the emergency service personnel of our communities.

Ride-alongs – with officers and emergency services personnel, encouraging and establishing trust, identifying with their daily pressures and responsibilities.



Officiating Services – celebrating with officers and emergency services personnel and their families in Wedding Celebrations, Vow Renewals, and Baby Dedications. Providing pre- and post-marriage counseling and officiating at funeral services, for officers, emergency services personnel, and our communities.

Search & Rescue – Chaplains are there to assist the Search & Rescue teams as they are called upon for missions, rescues, searches, evacuations, and recoveries. **Disaster Services** – a number of our chaplains have assisted with events such as 9/11, Hurricane Katrina, and other emergencies.

Confidential and Personal Counseling – to police officers and emergency services personnel, their families and the community.

Critical Incident Stress Managment – our Chaplains provide a wide range of services helping others deal with traumatic incidents.

News & Events

• **COPC Chaplains Training** – First Tuesday each month from 0900-1200 hours **usually** at the COPC office in Bend.

• **COPC Board Meeting** – Second Thursday each month at the COPC office.

• DCSO Corrections – Chaplains Crowley, Dismore, Jemes, and Michalek continue to meet weekly for lunch with the Corrections Family.

Prayer Requests

• Marriages of our Fire, Law Enforcement and Dispatch families. Our Chaplains meet weekly with officers, firefighters and dispatchers that request our assistance and prayers for their families.

• Covering of His Grace, Wisdom and Protection on our chaplains, agencies and families.

• There are many First Responder Families facing illnesses, surgery, and other physical ailments. Keep them and their families in prayer.



Assisting Individuals in Crisis & Group Crisis Intervention

November 16-18, 2016



8:00 AM to 5:00 PM each day

Course Location: Westside Church - Bend Campus 2051 NW Shevlin Park Rd, Bend, Oregon

Cost of the Course: \$200 Cost Includes: Registration, ICISF Materials & Certificates

This **3-day course** combines ALL of the content of ICISF's Assisting Individuals in Crisis & Group Crisis Intervention courses. <u>Only those attending all hours of class will be</u> <u>issued certificates</u>. Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several crisis interventions for individuals and groups. **Program Highlights**: Psychological crisis and psychological crisis intervention; Resistance, resiliency, recovery continuum; Critical Incident Stress Management; Basic crisis communication techniques; Common psychological and behavioral crisis reactions; SAFER-Revised model; Suicide intervention; Large and Small Group crisis interventions; Critical Incident Stress Debriefing (CISD).

Instructor Information: Chaplain Jim Crowley is the Executive Chaplain for Central Oregon Police Chaplaincy (COPC) having served them full time for over 14 years. He has earned the International Conference of Police Chaplains (ICPC) Diplomat Chaplain Credential. He is an Approved Instructor with the International Critical Incident Stress Foundation (ICISF) and the International Conference of Police Chaplains (ICPC). Jim is a member of the Central Oregon Critical Incident Stress Management team (COCISM). He serves on the Oregon State Police Critical Incident and Response Team (CIRT) and the Oregon State Fire Marshalls Chaplain Response Team (OCRT). **Chaplain Mike Dismore** has been a pastor since 1978. He is the Assistant Chaplain with COPC, an ICISF Approved Instructor, and has earned his Master Chaplain Credential with ICPC.

To see if there is room in the class and for further information or questions contact Chaplain Mike Dismore at <u>mjdismore@gmail.com</u> or 541-788-3364

To Register: Email Your Name, Address, Agency Name, Phone # and Email to: Chaplain Mike Dismore at <u>mjdismore@gmail.com</u>

Payments can be made out and sent to: COPC; PO Box 1898; Redmond, OR 97756