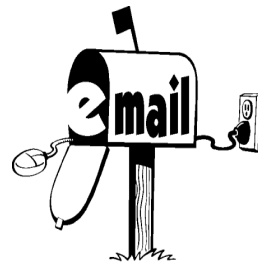




Bethlehem Lutheran Church  
1279 High Street  
Auburn, California 95603

If you would like to receive your newsletter by e-mail please send an e-mail stating so to the church office at [bethlutheran@yahoo.com](mailto:bethlutheran@yahoo.com). You may also view it on our **NEW** website at [www.bethlehemplutheranauburn.org](http://www.bethlehemplutheranauburn.org).



**CHURCH COUNCIL MEMBERS**

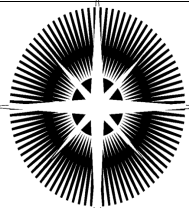
President - James Anderberg  
Vice President - Sid Frame  
Secretary/Treasurer - Diane Allison  
Members at Large:  
Debbie Clark  
Richard Reid  
Bob Thiessen  
Kathy Ryan

1279 High Street, Auburn, CA 95603  
PH: 530.885.4515 FAX: 530.885.2287  
[bethlutheran@yahoo.com](mailto:bethlutheran@yahoo.com)  
[www.bethlehemplutheranauburn.org](http://www.bethlehemplutheranauburn.org)

**Worship Services**

Saturday Evening 5:00 PM  
Sunday Morning 8:30 AM & 11:00AM

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Dinner & Silent/Live Auction  
Saturday, October 23rd  
5:00 PM

*Sierra Building of the Auburn Fairgrounds*

100% of the money raised will go towards House Building Projects, Family Feeding Programs, Community Improvement Projects for the communities of **el Florido & Terrazas del Valle in Tijuana, Mexico**

- Great Food
- Silent Auction
- Live Music by the
- Dane Drewis Band

\$8 advance tickets \$10 at the door

\$20 per family \$25 at the Door

*Beer and Wine Sold Separately*

**CHURCH STAFF**

**PASTOR**

Rev Bryon Hansen

**DIRECTOR OF YOUTH MINISTRY**

Bryan Whiteside

**OFFICE MANAGER**

Joy Johnson

**WORSHIP COORDINATOR**

Denise Nelson

**FAITH COMMUNITY NURSE**

Randi Olson

**DIRECTOR OF CHILDREN'S**

**MINISTRY**

Kathy Hamm

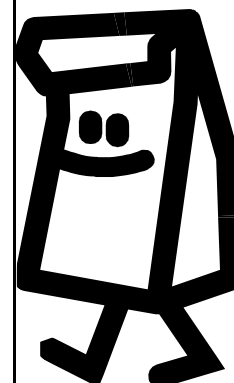
**Birthday list news**

Due to a computer crash we are unable to obtain our members Birthdays to be added to this newsletter. Hopefully the computer will make a complete recovery and we will be able to have them back again for the November Newsletter. Sorry for the inconvenience.

**THANK YOU!**

Thank you to everyone who brought food to JoAnn Anderson during her cancer treatment. After many, many days of chemo and then radiation, she is now cancer free! I'm sure her recovery is at least in part due to the healthy food provided by our church friends. Thank you,

*Elaine Reese (food coordinator)*



**Family Game Night!  
Saturday, November 11**

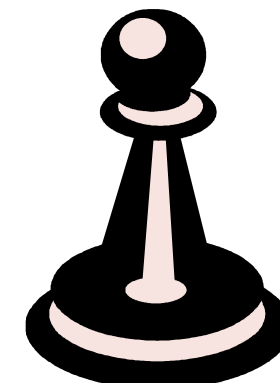
**6:30 – 8:30 pm**

Calling all families with kids up to 5<sup>th</sup> grade!

Join us for a fun evening of playing games.

Bring a snack to share and your favorite games. We'll meet in the Fellowship Hall, eat lunch, play games and just have fun!

Questions? Talk to or e-mail Kathye at [BethlehemKids@yahoo.com](mailto:BethlehemKids@yahoo.com) or call the church at 530-885-4515





**QUILTING PLUS** Continues on the first and Third Tuesdays of the month, 9 o'clock A.M. in the Fellowship Hall. Besides quilting there are candlesticks to polish. If you are interested talk to Marge Johnson or Ruth Dugan. All women are invited to join us. If you are new in the congregation this is an excellent place to start making friends. Please come.

**RUTH CIRCLE/ GOOD NEWS GIRLS** are now meeting at 10 o'clock. Note time change, otherwise it's still the fourth Thursday in the Fellowship Hall. This month, October 28th and Marge Johnson is serving a Brunch. Carol Lundberg is doing the lesson. The general theme of this years study is "Unity in the Midst of Diversity." The theme is, "Living in Community", the Body of Christ, and the theme verse is 1st Corinthians 12:25-27. Introductory thoughts are, "We were made to live in community but it can also challenge us. We rely on God's grace to shape our lives together." All women are welcome, please join us for a morning of study and fellowship.

## **Caroling Group Forming for Holiday Cheer**



LET'S GO  
**CAROLING**

Dashing thru the snow, in a one-horse open sleigh ... hey, it's beginning to look a lot like -- er, whoa, Nellie, not so fast! But it isn't too early to start recruiting singers who would be interested in going caroling in December. We'll meet two or three times for practice right after Thanksgiving, then hit the circuit to bring good cheer to some folks in our church family and community. Interested? Please contact Joe Irvin - email: [irvinjj@gmail.com](mailto:irvinjj@gmail.com) or cell: 916.417.9537. More info in the November Herald!

## **Pastor Page ~ "The Wonder of Worship"**



During the Prayers of the People or Intercessions that follow the sermon and precede the sharing of the peace, everyone is given opportunity to speak aloud their prayers in addition to those voiced by the worship assistant. Lately, during the second service on Sunday, the children in our midst have been among those who raised their voices in prayer.

One of the goals of the liturgy is to facilitate the active and conscious participation of the assembled congregation. When the children are so engaged, I am buoyed by a sense that God is reaching into the heart of every member assembled on Sunday morning, not just the "grown-ups." By seeking to integrate our children and youth in every aspect of worship we honor them and echo the hospitality of Jesus who drew no lines in the sand. Children are not just welcome but equal participants in the act of worship. Indeed, the younger members of the body are not merely the "future of the church." They are presently part of the church.

God summons us to worship each week. In weekly worship we can depend on God to faithfully speak a word of truth and graciously feed us with the bread and wine of mercy. It is no mistake that we gather *with others* for worship. In this gathering around Word and Table, God's vision for the world becomes real and is made known. Suddenly, by God's grace, a very diverse group becomes a community of prayer. Lines are erased and the barriers of age, race, status, and gender come tumbling down.

Surprisingly, those with whom we worship and are very different from us become servants and heralds of this very vision. Like the children who intercede on behalf of the poor and the suffering. In their act of praying, these younger sisters and brothers teach me to pray and better understand what it means to say, "Thy kingdom come, Thy will be done."

Come to worship with a sense of wonder for the things of God. Come open and come expectant. You might even discover a little child leading the way.

Peace,

*Pastor Bryon*

## From Bryan Whiteside-Director of Youth

Last February, Pastor Bryon, Brian Johnson, Coreena, and I went to El Florido, Mexico to visit with our friends Pastor Romelio and his wife Marina. We had a wonderful President's Day weekend down there as we visited families and talked about what God was doing in each of our communities. In one of our conversations, Romelio and Marina told us all about how much the work in Mexico was transforming their community. When we asked, "Is there a way that we could do more?" there was a silence. Breaking the silence Romelio said, "It is a vicious cycle. Families are poor and have to choose between food and education. But if a child is hungry, they are not going to do very well in school. Likewise, most children drop out of school after 8<sup>th</sup> grade. Families cannot afford to send their kids to school beyond 8<sup>th</sup> grade when they are old enough to work. So they drop out of school, get jobs, and the cycle continues." It is for this reason that we go to Mexico to build homes and provide immediate necessities. When we build homes, families can use the money that they have saved up on education for their children.

On October 23, at 5:00 p.m. at the fairgrounds (Sierra Building) is a fundraiser for the people of El Florido, Mexico. 100% of the proceeds go towards building projects and feeding programs. There will be a silent auction, live music, dancing, and delicious German food and drinks. Tickets are on sale for \$8 (\$20 per family) or \$10 (\$25 per family) at the door. This is also an excellent opportunity to invite your friends and introduce them to Bethlehem. Please help us to make this an amazing fundraiser and a great time.

*Bryan Whiteside*

## From the Worship Coordinator ~ Denise Nelson

The new "Welcome Table" is up and running. Thank you to those who helped me set it up. If you would like to be a welcome person, please let me know. If you have any comments about the welcome table, I would like to hear about them. This is our first greeting to both our members and guests each Sunday, so we want to put our best foot forward.

Thank you to all of you who served in September.

Peace, Denise Nelson BLC Worship Coordinator

## Food Closet Update

Generous folks of Bethlehem, that little brown and blue cupboard in the Fellowship Hall is ready to receive your support through donation of canned goods, dry goods, cereal, apple-sauce jars, juice boxes, and other nutritious foods that can go to hungry residents in our area. The Auburn Interfaith Food Closet relies on these contributions to feed hundreds each month. In August, the Closet served 905 families, or a little more than 25,000 meals! So, look for the bargains at the supermarket and pick up something extra when you "can" (ho ho ho, bad pun ...). Thanks very much!

**MUSIC FOR FOOD** If you like flamenco guitar and organic food, and would like to support the Auburn Interfaith Food Closet, try Pacha Mama's Café in Auburn on Friday evenings 6:00-8:00. There is no cover charge, but any donations will be passed along to the Food Closet by Carlos and the café. Pacha Mama's is located at 884 Lincoln Way.



Fundraiser for Rwanda School Project

## **TRAVEL AS A SPIRITUAL ACT**



St John's Lutheran Church  
Wednesday, October 20th

### **With travel guru Rick Steves**

Reception 5:00 PM and Lecture @ 6:30 PM

Reception and Lecture (includes autographed book) - \$99.00

Lecture Only \$40.00

Tickets can be purchased from: <http://BrownPaperTickets.Com>  
or call 1-800-838-3006



**I received the following e-mail from Gerard (the son of Pr. Gerard Mahirane, pastor of our sister-congregation in Kibungo, Rwanda). Bethlehem is fortunate to have a good communicator on behalf of the Kibungo Parish. Please contact me if you would like additional information about our sister-congregation..... Don Schultze**

Very warm greetings from Kibungo Parish members and from Pr. Gerard; All they say it is honor, great pleasure and respect to greet you Don as well as to greet all members of Bethlehem Lutheran Church . Personally, I am glad also to greet you in the name of our Lord Jesus. For the past few months, I have been quite calm but kept thinking about you in prayers. It is for this reason I thank God for offering me this opportunity so I put in writing thanks message to you for great assistances you give to Kibungo parish. Last month (August), our parish received 1350 USD funds for property purchase and 375 USD as quarterly funds for the parish. From the heart, parish members thank Bethlehem Lutheran Church generosity. Their support truly symbolizes truly meaning of being one Body of Christ. Message from Kibungo congregation is that God may continue to bless your efforts of taking care of Kibungo Parish particularly during this time is building its own church. Parish goal is that by the end of next year have completed the construction of the church. Please join us in every day prayers so that we achieve our goal. Greet all members of Bethlehem Lutheran Church for everything they do and promised to Kibungo Parish.....God Bless you forever. Blessed be God, Father and Holy Ghost now and forever.

**Mr. Gerardson Gerard Muvunyi**

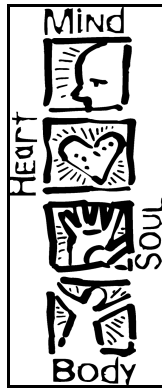


## EVENING SERVICE OF MEDITATION, PRAYER AND PEACE

Every 4th Sunday at 5:30 PM (45 minutes long)

Starts October 24th!

**A fully inclusive and enriching experience, combining ancient traditions with modern styles; the circular rhythm of Taize chants and moments of quiet reflection.**



## Faith Community Nurse Randi Olson

### WHOLISTIC HEALTH FOR THE SOUL

*"This is the reason we do not give up. Our human body is wearing out. But our spirits are getting stronger every day."*

*2 Corinthians 4:16.*

We daily encounter people or situations that leave us feeling uncomfortable. It may just be a conversation with a "friend" or a wasted trip to the grocery store where what you need isn't found. We think of these feelings as being minimal, but if they happen repeatedly or are never resolved, chronic stress sets in and our immune system becomes depleted with inflammation

occurring in joints, ligaments, and muscles. Inflammation wears down the cartilage that covers and protects the ends of the bones where they meet at the joints. We eventually feel pain in the morning, stiffness and muscle soreness, and often learn to live with it through limiting our activity. We experience insomnia and may have flu like symptoms including low-grade fever, fatigue and weight loss over time. Osteoarthritis is the leading cause of disability in the US, affecting more than 22 million adults, half over the age of 65.

Genetics play a large role in "joint" health also...many Scandinavians are known to suffer arthritis of different kinds, and are prone to depression, causing inactivity and weight gain. Asking a physician to do a sedimentation rate blood test gives a person information if there is inflammatory processes happening in one's body.

We know the treatment includes anti-inflammatory medications and food, calcium and vitamin D, and sometimes even low dose steroids but ironically, regular exercises are most helpful and essential. Low impact stretches, weight-bearing and resistance training can be done slowly and at a comfortable pace best monitored by your physician or physical therapist. Exercise improves flexibility, muscle strength and endurance. You might even want to join the Happy Souls walking group every Tuesday at 5:30 here at the church. We don't walk fast or go very far.

There are ten household solutions to help you cope with arthritis also: 1) replace doorknobs with levers which do not require grasping and turning, 2) install roll out shelving in your cabinets, 3) lower closet racks to the height that works best for you, 4) raise electrical outlets and lower light switches to the height that is easiest for you, 5) replace knob-type shower and sink faucets with levers, 6) add ramp access to a low deck, 7) install raised toilet seats, 8) widen doorways and hallways, 9) install grab bars in bathrooms and hallways, 10) add heavy-duty non-slip flooring.

And most importantly, we can keep a positive attitude and continue to pray for guidance in ways to live our lives to the glory of God. Helping others in a small way gives an abundance of good feelings which cut out the stressful things that happen in life. God's Spirit lives within each of our cells....how do we respond to it? Happy exercising! *Randi.*



We want you to join us at  
**ARISE and THE WELL!**

**Sundays 9:45 – 10:45 am Godly Play Arise!** and join us for Godly Play every Sunday! This innovative learning draws on

the traditions of ancient storytelling. The teachers model how to use the language of the Christian tradition through presentations of parables, sacred stories, liturgy and silence. The Godly Play classroom provides a space to worship God, not just speak about God. Just as adults experience the Sanctuary as sacred space, so do the children experience the Godly Play room as sacred space.

**Wednesdays 5:30 – 7:30 pm K.O.W.**

**\*\*\*Starts October 6!**

**Kids On Wednesday (K.O.W.)** joins Confirmation and Journey of Faith on Wednesday nights at **The Well**. We will all gather together for dinner from 5:30 – 6:00 pm. Kids will then participate in blocks of fun, hands-on learning. Topics will include Music, Art, Healthy Living, Cooking and Games. For more information or to register, talk to Kathye Hamm.



**12 Things You Don't Know About Mrs Kathye Hamm**

Number 7: I am a member of P.E.O. – Philanthropic Education Organization. We are women helping women achieve their education. I belong to Chapter WC Roseville and was introduced by my Mom. Since I joined in 2003, both of my sisters have also become members!

**DAILY LECTIONARY FOR OCTOBER**

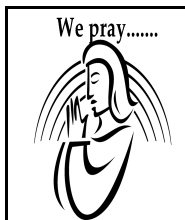
<b>F</b> Psalm 37:1-9	2 Kings 5:15-19a	2 Timothy 3:10-15
Lamentations 3:19-26	Acts 26:24-29	Sa Psalm 84:1-7
Revelation 2:12-29	Tu Psalm 61	Jeremiah 14:1-6
<b>Sa</b> Psalm 37:1-9	2 Kings 5:19b-27	Luke 1:46-55
Isaiah 7:1-9	Ephesians 6:10-20	<b>Sunday October 24</b>
Matthew 20:29-34	<b>W</b> Psalm 61	Jeremiah 14:7-10, 19-22
<b>Sunday October 3</b>	2 Kings 15:1-7	Psalm 84:1-7
Lamentations 1:1-6	Matthew 10:5-15	2 Timothy 4:6-8, 16-18
Psalm 37:1-9	<b>Th</b> Psalm 121	Luke 18:9-14
2 Timothy 1:1-14	Isaiah 54:11-17	<b>M</b> Psalm 84:8-12
Luke 17:5-10	Acts 17:22-34	1 Samuel 2:1-10
<b>M</b> Psalm 3	<b>F</b> Psalm 121	1 Peter 4:12-19
Habakkuk 1:5-17	Genesis 31:43—32:2	<b>Tu</b> Psalm 84:8-12
James 1:2-11	2 Timothy 2:14-26	Daniel 5:1-12
<b>Tu</b> Psalm 3	<b>Sa</b> Psalm 121	1 Peter 5:1-11
Habakkuk 2:5-11	Genesis 32:3-21	<b>W</b> Psalm 84:8-12
1 John 5:1-5, 13-21	Mark 10:46-52	Daniel 5:13-31
<b>W</b> Psalm 3	<b>Sunday October 17</b>	Matthew 21:28-32
Habakkuk 2:12-20	Genesis 32:22-31	Th Psalm 32:1-7
Mark 11:12-14, 20-24	Psalm 121	Proverbs 15:8-11, 24-33
Th Psalm 111	2 Timothy 3:14—4:5	2 Corinthians 1:1-11
Leviticus 14:33-53	Luke 18:1-8	<b>F</b> Psalm 32:1-7
2 Timothy 1:13-18	<b>M</b> Psalm 57	Job 22:21—23:17
<b>F</b> Psalm 111	1 Samuel 25:2-22	2 Peter 1:1-11
Numbers 4:34—5:4	1 Corinthians 6:1-11	<b>Sa</b> Psalm 32:1-7
2 Timothy 2:1-7	<b>Tu</b> Psalm 57	Isaiah 1:1-9
Sa Psalm 111	1 Samuel 25:23-35	John 8:39-47
Numbers 12:1-15	James 5:7-12	<b>Sunday October 31</b>
Luke 5:12-16	<b>W</b> Psalm 57	Isaiah 1:10-18
<b>Sunday October 10</b>	1 Samuel 25:36-42	Psalm 32:1-7
2 Kings 5:1-3, 7-15c	Luke 22:39-46	2 Thessalonians 1:1-4, 11-12
Psalm 111	<b>Th</b> Psalm 84:1-7	Luke 19:1-10
2 Timothy 2:8-15	Jeremiah 9:1-16	
Luke 17:11-19	2 Timothy 3:1-9	
<b>M</b> Psalm 61	<b>F</b> Psalm 84:1-7	
	Jeremiah 9:17-26	



## Stephen Ministry Update

We are still recruiting for our next Stephen Minister training class, which will now begin next January 2011. We appreciated hearing from several of you about your interest in this ministry, and from others who felt it wasn't the right time to commit. We'll be circling back again to see if the revised training class works this time. And we expect to highlight the Stephen program in an upcoming worship weekend, so stay tuned.

We also have several S-M's available as caregivers, so if you are experiencing a life crisis or challenge and would like the one-to-one, confidential Christian care to help you through, please speak with Pastor Bryon or any Stephen Minister. We stand ready to serve.



**We pray for**– Bernie Tupper, Jane Hodgson, Larry Dugan, Pearl Schmidt, Dora Sather, Irvin Sather, Cheri Rinn, Caroline Davis, Ruth Faia, Cindi Bowman, Bee Toomey, Riley Lane, Dori Dralle, David Ramirez, Vernon Dahl, Jim Hesse, and Jolene Kirk. **We continue to pray for**– Dale Buse, David Iezzi, Dennis Greenlee, Inez Larson, Agnes Bensley, Sandra Weller, Jolene Kirk, Cleo Hummel, JoAnn Anderson.

**We pray for these ministries**–Presiding Bishop Mark Hanson, Bishop Mark Holmerud, Sierra Pacific Synod, Dr. Richard Young (our missionary in Guyana), BLC's Church Council, Children's Ministry, Stephen Ministry, Pastor Gerard Mahirane at our sister Church in Kibungo Rwanda and Curtis Lee.



For our Oktoberfest Fundraiser we accepting Donations for the Silent Auctions. Here is a partial list of ideas, other items are welcome as well. For more information contact Bryan Whiteside at the church office. We will need these items by October 18.

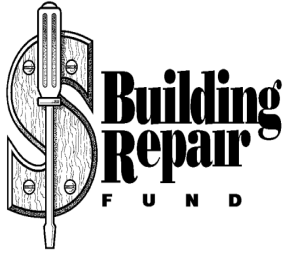
- Bottles of wine
- Antiques
- Crafts
- Jewelry (homemade)
- Services (baby- sitting, house-cleaning, etc.)
- Themed Dinners
- Artwork
- Timeshare, Vacation Homes, Cabin, etc.
- Special Skills
- Any businesses that you know of who would be willing to donate

***All Donations are tax-deductible!!!!***

## **“ARISE”**

***EVERY SUNDAY FOR ALL AGES!***

- **“Godly Play”** - ages 3-5th grade
- **“Reel Faith”** - Middle and High School Students
- **Adult Formation opportunities:**
  - **“Stories Class”** taught by Pastor Paul in the Garden Room
  - **“Worship 101”** exploring the basics of our worship life with Pastor Bryon in the sanctuary.



## REPAIR AND PAINT PROJECT

The exterior of our church building needs repairing and painting. There are areas of dry rot and areas where paint has weathered to bare wood. Portions of the building haven't been painted for many years, leaving the problems we now face. This cannot be neglected without continuing damage-and additional expense. This is the first phase of a 5 year plan on facilities improvement. Work is planned to start in October before the winter weather and will be contracted for quality and safety. Although included in budgeted capital improvements over the years, it has been put off due to lack of available funds. The Council has approved a special funding drive for facilities improvement. About \$25,000.00 will be needed for this repair and paint project. Please give your prayerful consideration and generous contributions so this project can be done this fall. Note "Repair & Paint" on your contribution. **As of this writing \$9,055.00 has been contributed.** Thank you!

## Look Out Now, We're On The Verge of Something ...

BLC's members and friends spanning that middle section -- beyond college, before sizzling -- met recently to plan out a social fellowship calendar of events for the next year. This group, which you've seen referenced before as the "Tweenagers", badly needed a name change. After a brain-drain that ranged from boomers to rivers to rock bands, we hit on "**The Verge**" -- yeah, as in, we're all on the verge of something great! So, watch for more info about our activities and jump into **The Verge!**

We had a great planning meeting. Decided to call ourselves "The Verge" just seemed like a good name to us! We are on the verge of alot of things. We picked out 9 activities that should take us through to June. October we are encouraging everyone to go to the **Oktoberfest, October 23** at the fair grounds to help support the Church's Mexico Trip. November we are going to volunteer for the **Nov 26th Gathering Inn**. So when Janet has the sign ups please put your name down. **December will be our Progressive dinner. Date to be determined.** We still need one more house to host. We will also sponsor a needy family and bring presents and decorate a tree for them at the Progressive Dinner. I will keep you posted for the rest of the seasons events as we get closer to them.



*Come and See*

**COME AND SEE** Are you new to Bethlehem Lutheran Church? A visitor looking for a community of faith? Do you want to learn more about the basics of the Christian faith and the Lutheran tradition? Are you seeking baptism for yourself or your children? Are you already baptized and looking to renew your faith? If the answer is "yes" to any of these questions, you are invited to "Come and See" sessions held on Wednesday evenings beginning October 6 and continuing through November 17. Each session begins with dinner at 5:30 PM and the sessions last until 7:30. If you are interested please contact the church office, Denise Nelson, or Pastor Bryon at 885-4515 or bethltheran@yahoo.com.

## **Quarterly Adult's Only Godly Play Sessions**



September's adult session was so popular, I've scheduled more sessions! Mark your calendars now for one or all of the following dates to experience the wonder of Godly Play! All sessions will take place from 10:00 – 11:00 am.

**November 13, 2010    February 12, 2011    May 14, 2011**  
**August 13, 2011**

## Thanksgiving Food Drive

Bethlehem Lutheran Church will have a food drive

**November 14 & 21**

Please bring non perishable food items

For the Thanksgiving food basket program.

We will gather the items on the chancel in the sanctuary.

**All food will go to the Auburn Interfaith Food Closet.**



**FOOD DRIVE**