

Sex Life

1. Sex is God-given. Heb. 13:4. Marriage is honorable among all, and the bed undefiled; but fornicators and adulterers God will judge.

2. Fulfill your duty to your spouse. 1 Cor. 7:3. Let the husband render to his wife the affection due her, and likewise also the wife to her husband.

3. Your body also belongs to your spouse. 1 Cor. 7:4. The wife does not have authority over her own body, but the husband does. And likewise the husband does not have authority over his own body, but the wife does.

4. Refrain only by mutual consent; for refraining can lead to temptation. 1 Cor. 7:5. Do not deprive one another except with consent for a time, that you may give yourselves to fasting and prayer; and come together again so that Satan does not tempt you because of your lack of self-control.

5. Find satisfaction in your spouse. Prov. 5:18–20. Let your fountain be blessed, And rejoice with the wife of your youth. As a loving deer and a graceful doe, Let her breasts satisfy you at all times; And always be enraptured with her love.