

# Pine Springs Camp

by design

Isaiah 52:6-7

2012 Jr. and Sr. High **W**INTER **R**ETREATS

## **What to bring**

- \*Sleeping bag and pillow or sheets and blanket
- \*Toiletries (toothbrush, soap, towel, etc.)
- \*Winter snow clothing—we will be playing outside, even in the snow, pack for plenty of layers!
- \*Snow boots and sneakers for indoor activities
- \*Clothes appropriate for camp, you might get messy!
- \*Bible, Journal or Notebook, and a pen or pencil
- \*Flashlight
- \*Camera (optional)
- \*Medication if necessary. Please label all medications.

## **What not to bring**

- \*Walkman, radio, CD player, MP3 player, cell phone, pager, gameboys, etc. You will NOT need them
- \*Food (including gum)
- \*Knives and other weapons
- \*A swimsuit
- \*Any bad stuff

## **Medications**

Any and ALL medications should be turned in when you check in on Friday night. The camp staff will make sure that prescription medications are given when required. The camp cannot be responsible for medications that are not turned in at registration time!!