

50 Bible Verses Everybody Should Know By Heart

The Ultimate Antidote To Anxiety

After ditching their plane in the Pacific during World War II, Captain Eddie Rickenbacker and his crew were adrift twenty-four days. How did they survive? The story is amazing, and 1 factor came in to play in a major way: A waterproof Bible, and a Scripture they returned to again and again. The context of this Memory Verse again makes it all the more significant and precious to us.

Here's our verse: Matthew 6:33

"But seek first the Kingdom of God and His righteousness, and all these things will be provided for you."

Here's the CONTEXT for the verse – an issue we ALL deal with on a daily basis!

The specific context is that of being anxious (divided in your mind, feeling strangled by) over material concerns.

Let's consider how Jesus' teaching unfolds.

What is Jesus talking about? What's He saying about what He's talking about? He's talking about worry conceived in the womb of materialism (either matter is all there is, or matter is all that matters). Jesus says that kind of worry carries with it a number of deficiencies.

1. **It indicates a defective VALUE SYSTEM of things (Vv 19-25).** There's more important issues in life than material concerns.
2. **It indicates a defective SELF-IMAGE (Vs 26).** People created as God's image-bearers are more important than are birds or lilies (which are not the image of God).
3. **It indicates a defective way of THINKING (Vs 27).** It doesn't add 18 inches to our life journey, we will run out of gas when our tank is empty, it doesn't *add* anything!
4. **It indicates a defective TRUST IN GOD (Vv 28-30).** Faith trusts in the promises of God – even during difficult times. Worry ultimately is lack of faith.
5. **It indicates a defective PURPOSE in life (Vv 31-33).** If material things drive our decisions, we have forgotten what we are here for = NOT to advance OUR kingdom!
6. **It indicates a defective view of TOMORROW (Vs 34).** Worry is Today's mouse eating Tomorrow's cheese. Our trust in God's provision and on-purpose living provide the materials for an effective mouse trap!

An insight into the "Kingdom..." Kingdom thinking: **Jesus + nothing = EVERYTHING / everything - Jesus = NOTHING.**