

# March 2013

### **Rector's Reflections**

"I am the bread of life. Whoever comes to me will never be hungry." So says Jesus in the sixth chapter of John's gospel. He makes this claim immediately following the miraculous feeding of the five thousand, and in doing so he makes a direct connection between two kinds of hunger – physical and spiritual.

During this Lenten season at St. Andrew's, we too are exploring this connection. In a series of formation programs and outreach opportunities, we are learning more about the harsh realities of hunger and homelessness, and we are taking steps to do what we can to make a difference. In the process, hopefully we are learning something as well about satisfying our collective spiritual hunger, about what it means to share in the bread of life. The reason Jesus upholds the Eucharist as the central act of Christian faith and the locus of our encounter with the risen Christ is because it is a meal in which we all share. Everyone is invited and everyone has enough at God's table. Stomachs and more importantly hearts are filled equally at the altar of our Lord.

That is the vision that we hold before us as we strive to alleviate hunger in our community and beyond. "I was hungry and you fed me," Jesus says, "because whenever you did it to the least of these you did it to me." In other words, caring for our neighbor, serving those who are poor or hungry is itself a Eucharistic action because it draws us together in Christ as we share both real bread and by extension the bread of life. It brings us a small step closer to that heavenly banquet for which we all work and long. Friends, the table is spread ever before us; let us strive to make sure that everyone joins the feast on earth as in heaven.

Faithfully,

John

### Jr. Warden's Letter

Fellow parishioners, soon this erratic winter will come to an end and we will welcome spring and Easter when everything is once again bright and green and new. One way to welcome the season is to do a little sprucing up on the church grounds. There will be a Parish Work Day on March 23rd to do some weeding, mulching, planting and to remove any debris left from winter weather. We can always count on the tried and true souls who show up every year. I hope to see some new people turn out turn out this year especially those with strong backs who can bend and squat and get up off the ground on their own.

A few updates; the ladies rest room in the Narthex is complete with the addition of a new full length mirror, a glider for mothers and babies and a chair for the counter. The exterior door by the baptismal font has been converted to an electrically operated handicapped door with a push button and the exterior carriage lamps on White Hall are being converted to operate from dusk to dawn which will give us constant light and not flicker off and on at will.

Wishing you all well and a wonderful spring and a blessed Easter Season, I remain sincerely yours,

Dean P. Rogis

#### **Reminders!**

Parish Life Breakfast on Sunday, March 3 at 8:45 a.m. in White Hall.

NEST Begins March 6.

Lenten Dinner/Study, March 13 at 6 p.m. in White Hall.

## All Parish Work Day Saturday, March 23 9:00 a.m. – Noon

All parishioners are invited to join us for our annual Spring Parish Work Day. Bring the whole family and please join your fellow parishioners from 9 a.m.– Noon. as we care for our wonderful property. Coffee, snacks, and drinks will be provided.

Everyone should sign up at the "Information Table" in White Hall or call the Parish Office in advance to work on various projects. (Please note what project you would like to work on.) The projects include the following:

- · Grounds
- · Cleaning the Church

The property of St Andrew's is a vital part of our church community. An assortment of beds need filling with many plants, to have beautiful grounds for our annual Easter egg hunt, and of course, our annual Flower Festival outdoor activities. We believe that part of our duty to St. Andrew's is to assist with its care and maintenance to preserve it for future generations.

Please direct any questions to the Parish Office 622-5530 or Ted Dey at ted@afri.com

### **Easter Flowers**

Orders for Easter Flowers will be accepted through March 24. Please use full given names (not Mr./Mrs., or other titles). Please make your check payable to St. Andrew's Flower Guild for \$10 per name. Drop your request in the offering plate or mail to the parish office. Flowers will be for both altars as well as throughout the Church.

 $\Box$  In Memory of  $\Box$  In Honor of

Name<u>(s)</u>

Given by \_\_\_\_\_ Telephone \_\_\_\_\_

# Annual Easter Egg Hunt

We are hosting our annual Easter Egg Hunt immediately after the Easter service. If your child would like to participate, please bring him or her to the front sanctuary entrance of the church immediately after the service. Please bring an Easter basket if you have one.

We are asking for donations of Easter eggs stuffed with candy or a toy, keeping in mind small children may be participating. We anticipate around 30 children participating in the Easter Egg Hunt, so all donations are gratefully accepted. Please place your donation in the basket outside the Parish office.

In addition to our egg hunt, all children are invited to process with the choir and acolytes for the flowering of the cross at the beginning of the service. Please bring a few flowers for your child to place on the cross and some to share.

# **Sunday Flower Deliveries**

Please if anyone is interested in delivering flowers to our shut-ins on Sundays after the 10:15 service please contact John Chappell at jchappellodu.yahoo.com or 935-6180. We will start up delivering flowers again on Sunday, April 7.

### Adult Forum "The Ages of Faith"

Mar 3 – Faith Like A Child with Caroline Black, Canon for Christian Formation, Diocese of Southern Virginia

Mar 10– Faith Like A Teenager with reflections from our Youth Group Mission Trip to Sapelo Island, GA last Summer

Mar 17 – Faith Like A Co-ed: The College Years

with The Rev. Gillian Barr, Chaplain, ODU

Mar 24 – Palm Sunday, No Adult Forum

Mar 31 – Easter, No Adult Forum

# EYC (Youth Group)

I am excited to announce the details of our summer 2013 youth mission trip! Our trip is the week after Norfolk Public Schools let out, June 16-24th and we are headed to Asheville, NC to work with an organization called Asheville Youth Mission (AYM). AYM comes highly recommended by other Episcopal youth groups and the Episcopal Diocese of Western NC. It is an ecumenical organization that hosts groups for summer mission trips.

The goal of AYM is transforming youth (and their adult chaperons) to see the world and interact with it in a different way through relational ministry with those in need, poverty education, and artistic expression. All St. Andrew's middle and high school students and their friends are invited. The trip cost is \$300, the same amount it has been the last two years. The deposit of \$50 is due by April 1st with the remainder due by May 1st. Scholarships are always available so please don't hesitate to ask me, Dennis, or Father John.

### Sunday School

March 3 - Sunday School, 9-10am March 10 - Sunday School, 9-10am March 17 - Sunday School, 9-10am March 24 - Group Sunday School with Rev. Rohrs, 9-10am March 31, Easter Sunday - No Sunday School;

March 31, Easter Sunday - No Sunday School; Breakfast, 8:45-9:45; Easter Egg Hunt after 10:15 service

### Children's Chapel

We will not have Children's Chapel on Easter Sunday, March 31.

### Youth Group

March 10 - NEST Dinner and Service, 5:30-9:00pm March 17 - Youth Group, 5:30-7:30 March 22-24 - Blackstone Weekend (Diocesan Retreat for grades 8-12); Register by March 11 **Mission Trip Deposits Due:** Remember to turn in your \$50 mission trip deposit by April 1 to reserve your place on our Appalachian service adventure.

### Nursery Help Needed

We need two volunteers in the nursery each Sunday, including Easter. Please sign up on the bulletin board

outside of White Hall or contact Josh at joshpstephens@yahoo.com or 904-233-3414.

# Women of St. Andrew's

SAVE THE DATE! We are pleased to announce that Rev. Julia Dorsey-Loomis has accepted our invitation to lead the Spring Retreat on April 20, 2013. It will be in White Hall from 10 AM until 2 PM. Watch for more information in upcoming Happenings and bulletins.

# **Outreach Ministry**

# St. Andrew's Cook-In

Did you know that St. Andrew's has been cooking and preparing complete meals for *Eighteen Years in* support of ACCESS (hospice support for those with AIDS)? These meals are also shared with the sick and shut-in of St. Andrew's. In 2013, over 1,800 meals were cooked and frozen using food donated by parishioners of St. Andrew's! This year the cooking dates are: March 17, May 26, July 21, September 29 and November 24. Sign-up sheets for food items needed for each cook-in can be found on the Cook-In section of the "Outreach Ministries Bulletin Board" in the hallway near the church office. Homemade desserts are always appreciated as well!

ACCESS (Full Circle) was initially founded by the Diocese of Southern Virginia and was originally called Operation Amen. Checks made out to St. Andrew's and designated "Cook-In" are always accepted. Volunteers are welcomed to help with the cooking and packaging of meals which begins at 8:00 am in the kitchen on the above listed dates.

St. Andrew's Cook-In Group also sponsors an annual fund raising dinner for Full Circle called "Dinner is Served". Dinners are held each year throughout the community and is the largest fundraiser for ACCESS.

# **Vestry Nomination Forms**

Reminder! Nomination forms for new Vestry members are due March 15. If you need one, please check at the "Information Table" in White Hall or email the Parish Office at dsipes.staec@verizon.net. St. Andrew's Episcopal Church 1004 Graydon Ave Office: 1009 W. Princess Anne Road Norfolk, VA 23507

<u>Vestry</u>

Tim Coyle, **Senior Warden** Dean Rogis, **Junior Warden** Charlotte Zito, **Register** Jim Affeldt Elizabeth Evans Carter Furr Sally Kellam Robin Kruger Jay Lassiter Karen Mitchell Wendy Nuzzo Deane Sobol Donald Swift Tristan Carter Warren KK West Non-Profit Org US Postage Paid Norfolk, VA Permit No. 1635



St. Andrew's is a parish of worship, spiritual growth, acceptance and healing centered in the Eucharist. We reach beyond ourselves, striving to allow God to work through our hands as Christ's own. In our role as stewards of God's gifts we embrace a comprehensive concept of stewardship as central to our ministry. As a place of hope for all people, we celebrate with joy through grace our oneness in Christ.

#### Saint Andrew's SALTIRE

The monthly newsletter of St. Andrew's Episcopal Church in Norfolk, Virginia Phone 757-622-5530 Fax 757-622-0812 Email: dsipes.staec@verizon.net www.standrewsnorfolk.org

The Rt. Rev. Herman Hollerith, Bishop of the Diocese of Southern Virginia The Reverend John Rohrs, Rector The Reverend Sam Williams, Deacon Larry Brett, Treasurer Dennis Sipes, Parish Administrator Dr. James Kosnik, Organist/Choir Dir Richard Rigg, Youth Choir Dir Elizabeth Harris, Nursery Coordinator Josh Stephens, Christian Ed Director/Youth Leader JonMichel Sipes, Sexton Steve Blevins & John Hudson, & Pat Garris, Assistants to the Treasurer

#### Parish Life

**Readers Needed for Stations of the Cross Service**: The Stations of the Cross service will be observed on Good Friday, March 29 at 7 p.m. in the Nave of the church. If you would like to participate in the reading of a station, please contact Cindy Dillon at 623-2937. Fourteen readers are needed.

**Holy Communion:** Whenever you may be worshiping at St. Andrew's and for whatever reason you are not able to come to the rail for Eucharist, just notify an usher of your need, and the clergy will be delighted to serve you in your pew.

**3rd Annual Lenten Food and Fund Drive:** is now underway through March 24th. Our goal is to collect 20 boxes of food (which equals approximately 500 pounds of food) and \$1000 in funds. Remember that for every \$1 donated, the Food Bank can purchase \$6 of food. Details for donating food may be found in flyers located on the bulletin board outside of the Administrative Office, the Outreach bulletin board and in White Hall.