

# The Saltire



ST. ANDREW'S  
EPISCOPAL CHURCH

November and  
December 2014

## In This Issue

<i>Recovery Eucharist</i>	3
<i>Youth Events</i>	3
<i>Flower Festival</i>	4
<i>Calendar Highlights</i>	4
<i>Vestry Updates</i>	5
<i>Newcomers</i>	5
<i>Prayers and Thanks</i>	5
<i>News and Notes</i>	6-7

*The Saltire* is a bi-monthly newsletter of St. Andrew's Episcopal Church. Through feature stories, photographs and updates on events past and future, *The Saltire* provides a window into the vibrant life of our parish family. Historically, a "saltire" is the X-shaped cross associated with St. Andrew. For us, as for him, it is a symbol of faith and life!

## Columbarium Planning Underway

By Jim Affeldt

Toward the end of 2013, The Rev. John Rohrs formed a committee to research and make recommendations to the Vestry about a possible columbarium at St. Andrew's. This committee, co-chaired by Deane Sobol and Jim Affeldt, also includes Penny



**Possible location for a columbarium and garden.**

Lewis, Will King, Steve Batten, Dean Rogis, and Mavis Benz. Committee members have contacted approximately 20 local churches to identify lessons learned from their columbaria projects. Members visited many of these columbaria to take photographs and gather sample procedural documents.

A columbarium is a structure lined with compartments or niches used to inter the cremated remains of those who have died. Cremation is becoming more widespread as an alternative to traditional burial. Churches build columbaria to provide a secure, permanent and respectful place of honor for those who choose cremation. Many churches also provide a memorial plaque within the columbarium area

**See Columbarium, page 2**

## Making Meals that Heal

By Llew Roberts

In the mid 1980s when the full impact of HIV/AIDS hit the U.S., Bishop Charles Vache initiated a Commission on AIDS for the Diocese of Southern Virginia. Rev. Charles Joy, Frances Barber, and Llew Roberts were representatives for St. Andrew's. That group started OPERATION AMEN, an organization devoted to meeting the needs of families in our diocese who were affected by HIV/AIDS. Since then, the organization has changed names twice and joined with CANDII (the children's AIDS network) to become ACCESS AIDS Care (AIDS Care Center for Education and Support Services).

**See Cook-In, page 2**

## *Columbarium, from page 1*

for the purpose of remembering persons who may be buried or interred elsewhere.

As our committee found during the survey of local churches, there are a wide range of columbaria options, including: indoor or outdoor, within a formal structure with walls and roofing, within a wall or a freestanding monolithic element, within an existing cemetery on top of what appear to be tomb markers, or in peaceful garden settings. Some are very large and some are much smaller. Some are very formal and some are much simpler. In many newer churches, the columbaria were

designed to be a part of the overall church landscaped master plan. Of course, St. Andrew's does not have as many design options due to our tight site conditions and existing architecture. The Columbarium Committee agrees that if the church decides to move forward with a columbarium, the memorial should be done in such a way that it fits within our church and grounds in a beautiful, dignified and timeless way.

In order to assist our committee in planning we are asking the congregation to complete a columbarium survey in the coming weeks. This survey will be

available either on-line via Google Forms or by filling out a hard copy. The hard copies may be mailed or given to Dennis Sipes or left in a box in either the Narthex or in White Hall. Survey responses will remain anonymous. Please note that although most of the questions have yes or no answers, boxes are available to further explain your responses. We will notify the congregation of the results and what our next steps will be. Thank you in advance for your participation. Please contact any of the committee members if you have questions or concerns.

## *Cook-in, from page 1*

In the early 1990s St. Andrew's lost two members to the disease in four days. A group of concerned church members decided that we could no longer stand on the sidelines and started an HIV/AIDS committee. We provided emotional and physical support for anyone who contacted us, spending many hours with those who were dying.

During this time ACCESS began a frozen meals program for families, delivering every two weeks, to give the message that ACCESS was there for them when needed. This has become a major project for St. Andrew's, guided by the leadership of Mike Whitehurst, Charles Hassell, Lynn Earl, Melanie Buski, and Llew Roberts, along with other parishioners and friends. We now hold a "Cook-in" every two months and prepare two separate menus. Each year we make approximately 1,200 meals, with our total now exceeding 30,000. Thanks to the vestry of St. Andrew's, we have installed a dedicated freezer to house the meals.

Through the years, the roles of the group have changed. Generally, we no longer have to provide physical care. In addition to the "Cook-in," we have hosted a number of extravaganza dinners called



"Dinner is Served (now known as Dinning Out)" as a fundraiser for ACCESS. One attribute that we did not foresee has been the sense of community that has developed within this volunteer group. Many participants are not St.

Andrew's parishioners, but faithfully contribute time and money.

In 2003, St. Andrew's was the recipient of the Georgine C. Steinbruck volunteer award, "In Recognition of Outstanding Support, Service, and Caring to Full Circle AIDS Hospice Support." In 2011, we received the Equality Virginia Community Legend Award in recognition of this ministry. This work has been a continuing blessing for all involved as well as providing another avenue for our Parish Outreach.

# St. Andrew's Launches New Recovery Eucharist

By The Rev. John Rohrs

Beginning on Wednesday, Oct. 5, a new "Recovery Eucharist" service debuted at St. Andrew's. Planned for the Lady Chapel at noon on the first Wednesday of each month, the service is an adaptation of a liturgy distributed by the Office of Recovery Ministries of the Episcopal Church. The liturgy predominantly takes the form of a traditional Eucharist, but it also weaves in the Twelve Steps of Alcoholics Anonymous, forming those steps into communal prayers that anchor different parts of the service. The intention is to provide a prayerful context of support for those who are recovering from various forms of addiction, and for the family members and friends who care for them.

The idea for incorporating the liturgy into the worship life at St. Andrew's came when one of our parishioners who is in recovery approached the Rev. John Rohrs about organizing such a service. The need was evident, as nearly every person and family is in relationship at one time or another with someone who struggles with addiction. Too often there is a stigma attached and the problem is kept under wraps, but this service aims to bring the church into the conversation and acknowledge that our collective prayers and support can help buoy the difficult

God  
Grant me the Serenity  
To accept the things I cannot change,  
Courage To change The things I can and  
Wisdom to know the difference.



journey of recovery.

The noon Eucharist seemed a natural fit for this service, because that weekly liturgy already features a focus on healing. The Recovery Eucharist will take place on the first Wednesday of each month, and the remaining Wednesdays will still utilize the traditional Rite I Eucharist liturgy. Please join us to share in this meaningful new service. Materials will be available for those who would like more information about resources for overcoming addiction, or for reflecting on the way that loved ones' struggles with addiction have impacted your life. There is also a weekly Alcoholics Anonymous support group that meets in the St. Andrew's Auditorium at 8:00 p.m. each Wednesday evening. Newcomers are welcome.

## Upcoming Youth Group Events

**November 9, Time TBA - Presentation and Conversation about Depression/Suicide Awareness and Prevention - more details to come.**

**November 23, 4:30-7:00 p.m. – Let's Bowl!**

**December 14, 2:00-4:00 p.m. – Annual Christmas Stocking delivery**

**And don't forget to mark your calendar for our Nags Head Beach Retreat, January 16-18. Details to come.**

# The 2014 Fall Festival Is Here!

## Saturday, November 1

### Festival Bazaar

9:00 a.m.-2:00 p.m., featuring baked goods, Christmas trees/wreaths, clothing, gourmet goodies, holiday decorations, jewelry, art, flowers, plants and more.

### Sanctuary Music

Organ demonstrations by Lee Hendricks and performance by Virginia Beach Middle School Band and Orchestra at 12:00 p.m.

### Basket Silent Auction

9:00 a.m.-7:00 p.m.

Bid on themed baskets - closes during Community Party.

### Luncheon

11:00 a.m.-1:00 p.m.

Music Performances – Golliber Family and Norfolk A Cappella Ensemble, 11:30 a.m.

### **\$10.00 per person**

(Limited tickets; advance purchase recommended)

### Community Party

5:00-8:00 p.m.

Music by local bluegrass band Hard Knox BBQ, fish fry, cake, beer, wine and more by church members and community partners Pendulum, Smartmouth and Rowena's

Children's Activities and costume parade at 5:15 p.m.  
(Nursery Available - Children 3 and Under)

### **\$20.00 per person**

Children 12 and Under Free

(Limited tickets; advance purchase recommended)

## Sunday, November 2

### Sunday Morning Eucharist

8:00 and 10:15 a.m.

### Choral Evensong followed by reception

5:00 p.m.

## CALENDAR HIGHLIGHTS

### Adult Forum

Life in an Age Of Anxiety, Auditorium, Nov. 9, 9:00 a.m.

Life in an Age of Anxiety, Auditorium, Nov. 16, 9:00 a.m.

Life in an Age of Anxiety, Auditorium, Nov. 23, 9:00 a.m.

The Advent Conspiracy, Auditorium, Dec. 7, 9:00 a.m.

The Advent Conspiracy, Auditorium, Dec. 14, 9:00 a.m.

2014 Fall Festival, Church and Grounds, Nov. 1-2

St. Andrew's HIV/AIDS Cook-in White Hall, Nov. 16, 8:00 a.m.

Annual FORKids Angel Tree Drive begins Nov. 24

Advent Wreath Making with Parish Breakfast, White Hall, Nov. 30, 9:00 a.m.

Women of St. Andrew's Retreat with The Rev. Andie Wigodsky Rohrs, White Hall, Dec. 6

St. Nicholas Day Children's Activities, White Hall, Dec. 7, following the 10:15 a.m. service

Hampton Roads Men's Chorus, Guest Choir, Dec. 7 at 10:15 a.m.

Advent Lessons and Carols Service, Dec. 14 at 10:15 a.m.

Christmas Pageant, Dec. 24, 4:00 p.m.

## Welcome to our Newcomers!

Drew Anderson and Mary Ellen Tomlin

Dr. Elie Arusi

Judie and Michael Belka

Kristen McClung, with children Andrew and Norah

Rhonda Scheckel and Jennifer Cady, with children Alex and Madison

Windley and Ted Walden, with children Trip, Thomas, and Ellie

Kelly Weir, with daughter Avery

Please welcome our newcomers and help them feel at home. It helps to remember this rule of thumb for coffee hour and other parish events: spend the first three minutes introducing yourself to someone you don't know!

## Vestry Updates

At the September Vestry meeting, we elected officers for the year ahead: Jay Lassiter, Senior Warden, Greg Murphy, Junior Warden, Dennis Pendleton, Register, and Larry Brett, Treasurer (not a Vestry member). We also signed up for committee assignments, whereby each Vestry member serves as a liaison to at least one standing committee of the parish.

The Rector updated the Vestry on the search for an organist/choir director. The search committee met with six candidates in September and subsequently narrowed the field further. Unfortunately, we were not able to proceed with our top candidates, and we decided to extend our search. We continue to talk with several new candidates and hope to have more to report in the coming month.

The Rector also reported that it is now official that we will be a host church for a diaconal intern, Genevieve Nelson, who is an ordination candidate from Church of the Ascension. A letter will go out to the parish soon introducing Genevieve. She will serve as an intern here for the calendar year 2015, participating regularly in the Sunday liturgy and working on an outreach project and other select experiences.

The Senior Warden noted that we are about two years away from the typical time at which the Rector would take a sabbatical. We ought to have that in mind and begin planning ahead of time so that it is a positive and renewing experience for the Rector and for the church.

The Junior Warden shared the preliminary landscaping plan for the back patio and surrounding areas, developed by Jim Affeldt and others on the Buildings and Grounds Committee. It has been publicized as an Angel's Corner project soliciting parishioner support.

## Parish Prayers and Thanksgivings

**Births:** Charlotte Gibson Filer, the daughter of Katherine and Chip Filer, Sept. 8.  
Emma Rose O'Bryon, the daughter of newcomers Margaret and Tom O'Bryon, Oct. 1.  
Beatrice Virginia Littlefield, daughter of Chas and Lauren Plomgren Littlefield, Oct. 1

**Deaths:** Dr. Charles Hall Simpson, the father of Molly Dey, Sept. 8  
Sherran Lassalle, wife of the Rev. David Lassalle, Aug. 29

## PARISH NEWS AND NOTES

### Women of St. Andrew's Updates

The Women of St. Andrew's send care packages twice a year (at exam time) to our undergraduate college students. Contributions of cash (for postage) and goodies (individually wrapped baked goods, nabs, granola bars, nuts, candy, hot cocoa mix, cookies, microwave popcorn, gum and Pop Tarts are all popular. Please put your contributions of goodies in the church kitchen no later than Sunday, Dec. 1.

The WSA are excited to announce that there will be a special Advent Women's Retreat on Saturday, December 6 from 10:00-2:00 p.m. The Rev. Andie Wigodsky Rohrs will be our special guest speaker. The topic will be *"Making Room in the Inn."* She will talk about how we prepare for the coming of Christ in our hearts and minds and homes and in the world around us. Tickets will go on sale in November so mark your calendars.

The St. Andrew's Cookbook, "Blessings from Heaven," has arrived! And a beautiful cookbook it is. There are recipes for the novice as well as advanced chef and some real simple items to put together for those who don't cook at all. It is full of hints, personal recollections, as well as church and food history, all for only \$20. You can pick up a copy after the Sunday services and they will be on sale at the Fall Festival. But when they're gone, they're gone!

### Annual Angel Tree Will Benefit FORKids

In the coming month, we once again will collect new, unwrapped toys under an Angel Tree. See the list at the information table in White Hall or under the Christmas tree on top of the piano. The gifts will go to children affiliated with FORKids, a local service organization that works with homeless and at-risk children and their families.



To donate food items, please place canned goods and other non-perishable food items in the

wicker basket outside the parish office door, or look for the little red wagon in the Narthex of the church beginning Monday, Nov. 24.

Each Sunday the collected presents we be brought in front of the pulpit as a symbol of offering during the 10:15 service. Please note that all presents and food need to be in by December 12.

### Sign Up Now for 2015 Altar Flowers

It's that time again – time to sign up for altar flowers for 2015. If you would like to remember a friend or family members by donating altar flowers, please call or email Dennis at 622-5530 or [dsipes.staacc@verizon.net](mailto:dsipes.staacc@verizon.net) to request your dates and altar prefer-

ence.

You may also sign up on the Flowers Sign Up sheet located on the Lay Readers Bulletin Board across from the men's room near the parish office. Flowers for the high altar are \$75.00 and flowers for the Lady Altar are \$50.00.

Please note if you have special requests for type or color of flower and the flower arrangers will do their best to work with that request.

## Outreach Committee to Sponsor Parenting Workshops

Have you ever felt like you were at a loss as a parent when it comes to discipline? If so, the Outreach Committee has a resource for you. We have planned a series of three parenting workshops to be offered free to parents in the parish and community. Childcare will be provided, and pizza and salad will be available for a suggested donation of \$5/person. To register, please call or email Betty Wade Coyle (757-625-3182, [nohits@verizon.net](mailto:nohits@verizon.net)) with the number of adults and children attending. Please spread the word to others who might benefit from these workshops.

Sun., Nov. 23 from 5:00-7:30 p.m.

### **Positive Ways for Overcoming Homework Hassles and More:**

Using positive discipline to help your child succeed by fostering cooperation and reducing power struggles. For parents with children 6 - 18!

Sun., Jan. 11 from 5:00-7:30 p.m.

### **The Miracle of the Early Years:**

Help ensure your children develop the necessary social and emotional skills they need to be successful in school and life. Parents learn the importance of connecting with children and helping them develop a sense of security and significance. This class would benefit parents, caregivers and

teachers with children birth through 5 years.

Sun., Feb. 8 from 5:00-7:30 p.m.

### **Stop Arguing With Your Kids!**

As children grow and assert more independence, parents need new skills to help guide their children in ways that keep communication open. For Parents and teachers of children 6 - 18+.

All workshops will be conducted by Brenda Garrett, a certified trainer of the *Positive Discipline* curriculum who has worked with children and families for more than 25 years.



### **Christmas Pageant - Dec. 24, 2014 at 4:00 p.m.**

Come for a brief meeting and costume distribution on November 30 following the 10:15 a.m. service

#### **ROLES:**

Baby Jesus, Mary, Joseph, Gabriel, Innkeeper, King Herod, Wise Men, Big Angels, Scribes, Shepherds, Little Angels and Youth Choir

#### **REHEARSALS:**

December 7, 14 and 21 following the 10:15 a.m. service (lunch provided)

#### **QUESTIONS:**

Amber Pickrell—627-9258 or [pickrell3@cox.net](mailto:pickrell3@cox.net)

### **Christmas Flowers/Greenery Orders Due by Monday, December 16**

It's time to place your orders for Christmas Flowers/Greenery. To donate greens/flowers in memory or in honor of loved ones, please make your check payable to "St. Andrew's Church" for \$10 per name. Please print the information on the form note "Christmas Flowers" on your check and put it in the offering plate or mail it to the parish office. Plants will remain in the church through New Year's Day.

*Flowers/Greenery given to the Glory of God and*

*in loving memory of*

*in honor of*

**Given by (please include telephone number in case of questions)**



# ST. ANDREW'S EPISCOPAL CHURCH

Non-profit Org  
US Postage Paid  
Norfolk, VA  
Permit No. 1635

1004 Graydon Avenue, Norfolk, VA 23507

Mail: 1009 W. Princess Anne, Norfolk, VA 23507

Phone: (757) 622-5530 | Fax: (757) 622-0812

Email: [dsipes.staacc@verizon.net](mailto:dsipes.staacc@verizon.net)

Web: [www.standrewsnorfolk.org](http://www.standrewsnorfolk.org)

Facebook: St. Andrew's Episcopal Church, Norfolk, VA

*A neighborhood church with  
a heart for the world.*

**LABEL HERE**



## St. Andrew's Mission Statement

St. Andrew's is a parish of worship, spiritual growth, acceptance and healing centered in the Eucharist. We reach beyond ourselves, striving to allow God to work through our hands as Christ's own. As a place of hope for all people, we celebrate with joy through grace our oneness in Christ.

## St. Andrew's Officers and Vestry

Jay Lassiter, *Sr. Warden*  
Greg Murphy, *Jr. Warden*  
Larry Brett, *Treasurer*  
Dennis Pendleton, *Register*

Mavis Benz  
Kristan Burch  
Carter Furr  
Sally Kellam  
Paul Kovalcik  
Doug Mitchell  
Wendy Nuzzo  
Amber Pickrell  
Sheri Searing  
Tristan Carter Warren  
Mike Whitehurst

## St. Andrew's Staff

The Rev. John Rohrs, *Rector*

The Rev. Andie W. Rohrs  
*Priest Associate*

Dennis Sipes  
*Parish Administrator*

Dr. Joe Khoury  
*Interim Organist/Choirmaster*

Richard Rigg  
*Interim Choir Director*

Jessica Chesson  
*Sunday School Coordinator*

Ashlee Erestain  
*Nursery Coordinator*

JonMichel Sipes, *Sexton*