

# September & October 2016

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The Saltire is a bimonthly newsletter of St. Andrew's Episcopal Church. Through feature stories, photographs and updates on events past and future, The Saltire provides a window into the vibrant life of our parish family. Historically, a "saltire" is the X-shaped cross associated with St. Andrew. For us, as for him, it is a symbol of faith and life!

# Welcome to "Women of the Way"

By The Rev. Andie Wigodsky Rohrs

As children begin a new school year and our regular programs kick off, there is an addition to our line-up of offerings this fall. *Women of the Way* is a new spirituality book group starting at St. Andrew's. The name has multiple meanings. "The Way" was the term used to describe followers of Jesus before the word "Christian." In the gospel of John, Jesus refers to himself as "the way, the truth, and the life" (John 14:6). And, "the Way" also has a spiritual dimension, referring to our journey of deepening our relationship with God.

It is this final element that will be the focus of the group. Together, we will explore questions of faith and meaning based on our reading and experience. All women of St. Andrew's are welcome, but the group is specifically designed to address the needs and questions of women who are "middle-aged and above." Our meetings will begin with fellowship time. Then, we will discuss the appointed book for the month. The conversation with be facilitated, but all are encouraged to bring questions and topics. We'll close with a time for people to share prayer requests.

*Women of the Way* will meet bi-monthly on the third Wednesday of the month at 6:30 p.m. Ideally, these meetings will be in people's homes, and the host will provide light refreshments. If no one is available to host, we will meet in White Hall. Our first meeting will be Wednesday, September 21 at 6:30 p.m. at the home of Becky Ruffin (7460 North Shore Rd, 23505).

See Women of the Way, Page 2

# A Word of Thanks and Introduction

By Harper Lewis, Director of Children's and Youth Ministry

As your new Director of Children's and Youth Ministry, I want to take a moment to say THANK YOU for the warm welcome that St. Andrew's has given me since I began in August. I am grateful to you for opening your church, homes, and the Mallory Pool. You have showed me true hospitality as I began. I have had the opportunity to meet many of you and am looking forward to meeting everyone else in the months ahead. I am excited to build relationships with you and to explore Christian Formation as a parish.

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# Women of the Way, continued from page 1

We will discuss *Traveling Mercies* by Anne Lamott. Meetings for the rest of the 2016-2017 program year will be November16, January 18, March 15, and May 17. We hope that this group will be a wonderful way for women of our church to deepen their faith and their bonds with one another in the year to come.

Please note that conversations are underway about a complimentary men's fellowship group. At press time, details had not been finalized, but stay tuned for more information. If you would like to be part of that discussion, please contact us in the church office.

# Faith at Home, continued from page 1

Christian Formation is a journey that we all share in for our entire life. With that being said, I want to introduce a new series to St. Andrew's.

> Life is full. In the fullness, we sometimes have to miss church. How can I connect with God in the week ahead?

Have you pondered these very statements above? You are not the only one. We are introducing a new series to The Saltire that will aid in connecting your faith at home in the "busy-ness" of daily life. In this column, there will be

some helpful reminders about the liturgical season we are in, a question for our parish to ponder, and practices to consider trying at home. We invite our parish family into this new series "Faith at Home" in hopes that it will connect us to God in new ways and allow us to continue to deepen our faith.

## The Days After Pentecost – Faith at Home

Did you know? Pentecost means "fiftieth day." Pentecost marks the end of the 50 days of Easter. The season after Pentecost invites us as Christians to explore the significance of the church itself as the sign of Christ's continuing presence and ongoing movement in the world.

The liturgical color is green which signifies growth. Pentecost sometimes is informally called "Ordinary Time". The season after Pentecost is by no means ordinary. This season invites us as Christians to be the church in the world by growing our faith and doing the work of ministry. The season after Pentecost lasts between 22 to 27 weeks and this year – it is 27 weeks.

As a church: Reflect on what are we doing as a parish to grow in our faith?

Personally: In the following weeks consider one or several of these practices of faith at home ...

Praying before meals Praying in your car Making a Faith Chest or Sacred Space at Home



# Kicking Off A NEW Sunday School Year - All Are Welcome!

A NEW year of Sunday School is right around the corner! We are still looking for a few teachers to complete our amazing group of volunteers. Please e-mail Harper Lewis at hlewis@standrewsnorfolk.org or call 757-622-5530 to find out more.

## Upcoming dates:

September 11 at 9:00 a.m.; Welcome Back Breakfast and Sunday School Registration \* along with Activities Fair & at the 10:15 a.m. service; the Blessing of Backpacks. Bring your backpacks and meet in the Narthex

September 18 at 9:00 a.m.; First Day of Sunday School

September 25 at 9:00 a.m.; Sunday School

October 2 at 9:00 a.m.; Sunday School

October 9 - NO Sunday School (Columbus Day Weekend)

October 16 at 9:00 a.m.; Sunday School

October 23 at 9:00 a.m.; Sunday School

October 30 at 9:00 a.m; Sunday School

\*Please note, if you cannot come the day of registration, you can register your child by contacting Harper Lewis

## A Note to Sunday School Teachers

Thank you so very much for your willingness to teach Sunday School this year. You are giving the children here at St. Andrew's an incredible gift and it is greatly appreciated.

Please remember that if you have not completed Safe Church Training in the past three years you will need to do so by going on the Diocesan web site: http://www.diosova.org/safe\_church and complete the online course.

Also, you will be receiving an e-mail from me the first week of September that will have details for the upcoming Sunday School year. Once you receive your unit information, if you have questions, I am happy to sit down with you to discuss ideas, questions, etc.

Finally, Sunday School will begin on Sunday, September 18 for those of you teaching the first cycle.

Thank you again for your valuable ministry to St. Andrew's. You will receive as much as you give. The children are so fortunate to have you to build relationship with as you grow in faith together.

Harper Lewis, Director of Children's and Youth Ministry

# Youth Corner (Grades 6-12)

# Kick Off Sunday – Burritos, Bags, and Fun! – Sunday, September 11, 5:00 p.m. – 7:00 p.m. We'll kick off EYC for the year here it White Hall with a night to get to know your new Youth Minister. You will have the opportunity to help to plan the year to come and there will be an outreach project! Join us for prayers, games, discussion, fun, and more. Dinner is provided.

## EYC – Sunday, September 18, 5:00 p.m. – 7:00 p.m.

Come and meet at White Hall for a night of building community, prayer, discussion, games, and more. Bring your favorite snack food to share. Friends are welcome. Stay tuned for October EYC events.

AND... Mark your calendar for the Diocesan Youth Weekends at Chanco!

October 7-9 – October Weekend for grades 8-12

November 11-13 – Happening #65 for grades 10-12

November 18-20 – November Weekend for grades 6-9

Contact Harper Lewis with questions (<u>hlewis@standrewsnorfolk.org</u> or 757-622-5530) about any of these events or for more information. I am looking forward to an amazing year of building community, mission, and exploring and growing in faith together!

# **Adult Forum Kicks Off**

The St. Andrew's Adult Forum is our principal Sunday morning adult formation offering, featuring guest speakers who address topics that integrate our faith and daily lives. It takes place in the Auditorium from 9:00 - 10:00 a.m. Coffee and light refreshments are available.

## September 18, 25, and October 2: Politics and Religion

We kick off our fall schedule with this three-part series featuring Dr. Eric Mazur, Professor of Judaic Studies in the Religious Studies Department of Virginia Wesleyan, and Politics Fellow at the Center for the Study of Religious Freedom. While avoiding discussion of our current candidates for U.S. president, we will nonetheless use the backdrop of an exciting election season to look at the historical interplay of politics and religion in presidential elections, and we will consider how the changing religious landscape of today is impacting politics.

## October 9, 23, and 30: Called to Community

Our second fall series will focus on new avenues of mission in our parish, our diocese and in the broader community.

On October 9, we will welcome Keith Josey, the Director of the Mission of the Holy Spirit. He and Marguerite Alley, our Deacon, will highlight our shared monthly Laundry Love ministry, and will also tell us about a future partnership offering tutoring for students served by the Mission.

On Oct. 23, Angelica Garcia-Randle, our new Diocesan Missioner for Latino Ministry, will share the work of Dos Santos on the Eastern Shore, and a vision for growing ministry to Latinos in our community and in the diocese.

On October 30, Rabbi Jeffrey Arnowitz, the Senior Rabbi of Temple Beth El in Norfolk, will join us to share the story and vision of Hands United Building Bridges, a new interfaith collaborative in Norfolk that is focused on collaborating on areas of concern in our city.

# CALENDAR HIGHLIGHTS

Kickoff Sunday, Sept. 11, with Parish Breakfast, Sunday School Registration, Activities Fair and the Blessing of Backpacks at the 10:15 service

Adult Forum/Sunday School begins, Sept. 18 at 9:00 a.m.

Young Adult and Family Potluck, Sept. 25, 5:00—6:30 p.m. in White Hall/Playground

Sandwiches for the Catholic Worker Sandwich Ministry are due by Noon on Sept. 23.

Annual Women of St. Andrew's Book/Bargain/Bake Sale, Sept. 24 at 9:00 a.m. in White Hall/Auditorium

> St. Andrew's AIDS Cook-in, Oct. 2 at 8:00 a.m.

Annual Blessing of the Animals , Oct. 2 at 2:00 p.m.

Annual Stewardship Breakfast, Oct. 16 at 9:00 a.m., White Hall

Women of St. Andrew's Meeting, Oct. 18 at 6:30 p.m., White Hall

Sandwiches for the Catholic Worker Sandwich Ministry are due by Noon on Oct. 21

Annual Fall Festival, November 4-6

Welcome to our	Vestry Updates
Newcomers!	
Please welcome our newcomers and help them feel at home. It helps to remember this rule of thumb for coffee hour and other parish events: spend the first three minutes introducing your- self to someone you don't know!	The Vestry did not meet in person in July but did conduct some busi- ness over email. We approved the bid by Viccellio Construction for the creation of our St. Andrew's Columbarium and Memorial Garden. The construction is well underway at this point and the contractors are doing a great job. We expect that all foundation and grading work will be done by the time school starts, so that the heavy machinery will clear out by early September. The brick and stone work will continue into September, as well as the fencing and other details. Planting and landscaping will be the final pieces as we prepare for the dedication in early November.
Also, remember to please wear your nametags during coffee hour so that we can all get to know one another better and build community.	In August, the Vestry discussed updates on the columbarium and rec- tory projects. We also approved an \$18,000 withdrawal from the Memo- rial Endowment to pay for the purchase of a new dishwasher. Our 50 or 60 year dishwasher finally gave up the ghost. We got our money's worth out of that one for sure!
Seth Crocker Erica, Ryan, and Iris Hurlburt	We also discussed opportunities to welcome Harper Lewis, our new Director of Children's and Youth Ministry, and other back to school plans as we kick off programs and ministries for the fall season.
Jane Lawing	Finally, we elected Susanne Councill to fill the remaining two years on Judie Belka's vacated Vestry seat. Judie had stepped down for personal reasons after a year, and Susanne will be a wonderful addition to carry on Judie's good work. Susanne will begin in September along with the rest of the incoming class. Our final act in August was to say thank you and fare- well to our outgoing members: Mavis Benz, Paul Kovalcik, Greg Mur- phy, Wendy Nuzzo, and Dennis Pendleton. They've been a terrific and dedicated group!

# Parish Prayers and Thanksgivings

Baptisms: Molly Anne Hanbury, August 21, 2016

Deaths: Betty Gray Hardy, July 9, 2016

# PARISH NEWS AND NOTES

## **Columbarium Update**

We have broken ground on our St. Andrew's Columbarium and Memorial Garden, and the construction is coming along well. Viccellio Constuction is doing the work, in coordination with Jim Affeldt, Dennis Sipes, and the Columbarium Committee.

We look forward to dedicating the garden on All Saints/Fall Festival Weekend, November 6. It will be a special addition to the life of our parish! If you would like to learn more about the columbarium and garden, please contact us in the church office.

# Help Support Laundry Love

Our Laundry Love program is going really well! We have established a great working relationship with the community, and the folks we have served have been genuinely appreciative of our ministry.

We really need your support to sustain this most valuable relationship and ministry. Each event runs around \$600. One of the contributing factors in this cost is purchasing detergent pods, dryer sheets, bleach and healthy snacks and water. You can be a part of this ministry by contributing in several ways. You can volunteer to help with an event. You can purchase detergent pods, dryer sheets or healthy snack foods and donate them. Finally, you can make a financial contribution as well.

We gather every 3rd Thursday of each month at Soap and Suds

on Colley and 27<sup>th</sup> at about 5:15 pm. The event runs from 5:30 until 7:30pm. If you want to participate, we hope you will join us for any amount of time you are able to spare! Donations for Laundry Love can be given to the church office.

For more information, contact Deacon Marguerite at margueritesr@gmail.com. Thank you for your support !

The Outreach Ministry of St. Andrew's reaches out to the community, state, country and the world! If you are interested in "hands on helping", we support our nearby neighbors with the AIDS Cook-In every other month, the monthly Sandwich Ministry to help feed the homeless, the Canterbury Center at

# **Outreach Updates**

ODU, Mission of the Holy Spirit, Laundry Love and more. On the state and national levels, we support efforts to advocate for the poor by reaching out to our legislators with letter-writing campaigns.

We are very supportive of Ghent Area Ministry with food drives, "Undies Sundays" and lunch bags assembled by our Youth Group. This year we will again participate in the Thanksgiving Food Bag program.

We welcome new members to our committee, which generally meets the first Mon. of the month at 7:00pm. Please stop by the Outreach Ministry table on Welcome Back Sunday to learn more.

# **Time Again for Foyer Groups To Resume!**

What today we refer to as foyer dinner groups was born in the Diocese of Coventry, England, in the aftermath of the massive destruction from the German blitz on London during World War II. The fourteenth-century cathedral was destroyed, but a ministry of reconciliation evolved from that destruction; and about 25 years later, in 1967, the staff of Coventry Cathedral began meeting in small groups to bridge differences, eventually giving these gatherings their present name. What they discovered were the strong bonds that formed from this communal experience.

The foyer groups are strictly social events-sometimes dinners, sometimes brunches; sometimes in a home, apartment, or condo; sometimes a meal at a local restaurant. The only constant is the presence of good food and wine! Foyer groups are what the members of each group decide to make them. It is a chance to visit and socialize outside of church with people you already know, but more importantly, with people you do not know. There are no rules," and there surely is nothing that says you have to host a sit down dinner in your home.

Signup sheets are located at

the Information Table in the hallway leading to White Hall. We'll want to know if you can host a meeting in your home. It is not necessary, but we need to know for planning purposes. You can also indicate if you prefer to eat out. If you have any other requests, such as you'll need a ride, please indicate that on the sheet so we can coordinate transportation for you. Feel free to contact Mike Whitehurst, Foyer Groups Coordinator via email: mwhitehurst@aol.com or call 757-374-3829 to sign up if it isn't convenient to attend coffee hour. The deadline is Sunday, September 25.

# All Saints' intercessory prayer list requests are due by October 25

All Saints' Sunday is when we remember in intercessions the names of all those who have been buried from this church since the last All Saints' Day. If you would like to list the names of others who have died, please list their FULL CHRISTIAN NAMES (no initials, titles, etc.) on the form below. Place the form in the offering plate or in the parish administrator's box in the library - or you may call the parish office at 622-5530.

Please print clearly, include your name & phone number in case there are questions about spelling, etc.

Your name:

Phone:

Christian Name(s) of deceased:

# Mark your calendars

# St. Andrew's Children Choir

St. Andrew's Children's Choir is a musical ensemble for grades 3-6 which meets every Sunday right after the 10:15 liturgy starting September 25. We enjoy learning music of our Christian heritage, both singing and playing the Tone Chimes. We always have room for more children to join the musical activities. For more information, please contact Richard Rigg at rrigg@standrewsnorfolk.org.

# Women of St. Andrew's

The Women of St. Andrew's send care packages twice a year (at exam time) to our undergraduate college students. Please call or email the church office with your student's mailing address and email address! The first mailing will go out right after Thanksgiving. We don't want to leave anyone out! Questions, contact Ann Dodson at 627-1353 or ann.dodson@cox.net.



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## LABEL HERE



## St. Andrew's Mission Statement

St. Andrew's is a parish of worship, spiritual growth, acceptance and healing centered in the Eucharist. We reach beyond ourselves, striving to allow God to work through our hands as Christ's own. As a place of hope for all people, we celebrate with joy through grace our oneness in Christ.

## St. Andrew's Officers and Vestry

Kristan Burch, Sr. Warden Greg Murphy, Jr. Warden Larry Brett, Treasurer Dennis Pendleton, Register

> Mavis Benz Judy Blevins Susanne Councill Paul Kovalcik Jim Kruger Page Lea Doug Mitchell Wendy Nuzzo Amber Pickrell Sheri Searing Andy Stephenson Mike Whitehurst

## St. Andrew's Staff

The Rev. John Rohrs, Rector

The Rev. Andie W. Rohrs Associate Rector for Parish Life

> Dennis Sipes Parish Administrator

Stephen Leist Director of Music Ministry

Richard Rigg Associate Director of Music Ministry

Harper Lewis Director of Children's and Youth Ministry

> Ashlee Erestain Nursery Coordinator

JonMichel Sipes, Sexton