

ST. ANDREW'S Episcopal Church

July & August 2016

The

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The Saltire is a bimonthly newsletter of St. Andrew's Episcopal Church. Through feature stories, photographs and updates on events past and future, The Saltire provides a window into the vibrant life of our parish family. Historically, a "saltire" is the X-shaped cross associated with St. Andrew. For us, as for him, it is a symbol of faith and life!

Ghent Area Ministry Evolves As Resource

By Robin Kruger

Ghent Area Ministry (GAM) is a non-profit outreach organization dedicated to ministering in faith to those in need in the Norfolk community. It began August 1, 2000 as a collaborative charitable ministry of fifteen congregations in the Ghent area of Norfolk that wanted to better meet the needs of the poor, distressed, underprivileged and homeless people who approached the various churches for help. For much of that time, GAM functioned as a vehicle for filling emergent needs, such as food, clothing, and help with rent and utilities. These core services remain, but under the direction of Dr. Bernadine Brown and the current Board of Directors, the agency is striving to shift to also work with clients on long-term solutions. To put it succinctly, GAM is aiming to address economic, social, and spiritual needs, and to offer a hand up, not a hand out.

The office is located at 1301 Colonial Avenue, across the street from Harris Teeter. GAM offers limited financial assistance, generally no greater than \$75 per situation, for rent, utilities (electricity, gas, and water), local bus transportation, travelers' aid, food, and prescriptions and medications. "Gently-used" clothing is distributed from The Coat Closet at no cost to the clients. Canned/boxed goods are distributed through the Food Pantry. A 30-day time limit between visits helps manage overuse and fraud.

From its origin, GAM has been a collaborative effort between the partner churches, and that spirit of cooperation continues. See *GAM*, on page 2

Flowers Bring Ministry to Life

By The Rev. Andie W. Rohrs

"Flowers are the sweetest things God ever made and forgot to put a soul into." – Henry Ward Beecher

At Saint Andrew's, when we think about flowers given to the glory of God, we automatically think of our beloved festival around All Saints every November. For twenty years, the highlight of the weekend was seeing our sanctuary covered in the creative, beautiful arrangements done by our Flower Guild under the direction of Stephen Batten. The scope of the arrangements has been toned down since his See Flowers, on page 2

GAM, continued from page 1

There are benefits to be gained for the churches and the clients from a centralized program. Social services knowledge skills are deemed necessary to best manage the requests which involve a great deal of time and put a burden on church staff in the individual churches. One point of contact also helps identify overdependence and fraud and allow for the identification of clients with serious needs so they can be referred to the proper community resources for more intensive and specialized services. For over fifteen years, the churches have supported an office within the imme-

diate neighborhood of the churches, staffed with people having appropriate skills and experience to manage the program.

St. Andrew's is a member church of GAM and the Outreach Committee at St. Andrew's is committed to supporting this worthy organization. Not only does our church make regular financial contributions and support food and clothing drives, but also participate in the agency leadership through Forrest Kruger, a member of St. Andrew's who serves on the board of GAM. Volunteers are needed to serve on the board, help with client intake, answer phones, sort and organize clothing donations, and serve clients in The Coat Closet. Donations of gently used clothing for men and women can be dropped off at the GAM office. Donations of new men's' underwear, t-shirts, and white work socks are always needed.



Flowers, continued from page 1

retirement several years ago, but the weekend always features lovely flowers. While our Fall Festival (formerly Flower Festival) weekend holds a special place in the hearts of St. Andrew's parishioners, in reality, our ministry of using flowers to offer glory to God extends all year and happens in several ways.

Each week, members of our Flower Guild create beautiful arrangements for our high altar and our Lady Altar. The Guild is co-chaired by Debbie Goode-Jones and Venessa August who are ably assisted by a team of 8-10 volunteers. The arrangements feature flowers that have been ordered in addition to ones from people's gardens and yards. Venessa says that the process of arranging is "a creative and peaceful outlet, as well as a lovely opportunity to do something for the congregation with other members of the congregation."

The flowers for these beautiful creations are paid for by St. Andrew's parishioners who give them in memory of loved ones who have died or in thanksgiving for those still with us. We read the names of those remembered each week in the Prayers of the People, and they are noted in the bulletin as well. For twenty years, Amber and Jim Pickrell have given flowers in memory of Sarah, their daughter who died as an infant, on her birthday and around the font on All Saint's Day. Amber says that this gesture is a meaningful way to celebrate what she continues to mean to their family. Offering the flowers in honor of those we love is a profound reminder of the "cloud of witnesses" who have come before us and surround us as we worship.

Many parishioners may not realize that our flower ministry extends beyond our worship. For more than a decade, John Chappell has been coordinating our flower delivery ministry. After the services, the altar arrangements are divided into smaller arrangements and delivered to people who are going through particularly difficult or joyful times. In recent years, the volunteer base for this ministry has dwindled. However, this summer, a new team of volunteers has been trained, and they are enthusiastic about participating. This simple ministry reminds recipients that they are loved **and cared** for by their church family.

Vacation Bible School Was A Huge Success!

We held our third annual Vacation Bible School this summer from June 27-30. Thirty children participated, alongside a large cadre of wonderful volunteers. Under the terrific leadership of Sunday School Coordinator Jessica Chesson and the Rev. Andie W. Rohrs, children learned about how Jesus lights up our lives and hearts and gives us courage to be our best selves. The Group, Inc. curriculum was entitled "Cave Quest: Following Jesus, the Light of the World."



Join Our Pastoral Care Team!

As a member of St. Andrews church, you may have asked yourself what you can do to help out with the ministry of the church. I invite you to consider becoming a member of the Pastoral Care and/or Eucharistic Visitor Ministries. Let me explain a little about each of these.

Pastoral Care

The Pastoral Care Ministry allows us to stay in touch with members of our parish who:

- may no longer be able to attend service due to being in a nursing home or seniors center, or unable to drive,

- may be temporarily incapacitated due to hospitalization or illness,

- may have had a death in the family, a birth, a marriage, or other life changing circumstances.

We send cards, visit members of the parish, keep in touch by phone and sometimes provide meals. We want our congregation to know they are thought of, appreciated and prayed for.

Eucharistic Visitors

This ministry allows us to take the Eucharist to our members of our parish who are unable to attend service for any number of reasons, some of which are mentioned above. You may have seen us go up to the altar each Sunday and accept the Eucharist from the priest. The idea is that we share our communion of that day with a person previously assigned to us.

These ministries are not designed to take over the role of the priest, but simply to provide any help we can. Both ministries require a brief training session with our priest. We have monthly Pastoral Care meetings at which time we discuss our experiences during the past month. The meetings take place at the church, usually on the third Wednesday at 1:00 p.m. If you work and are unable to attend our monthly meetings, that's not a problem. We also stay in touch through email and phone calls.

If you've been wondering what you can do to help out in our parish, this may be just the thing or you! Think about it; pray about it, and when you make your decision to join us, call the church office. We look forward to hearing from you.

Mavis Benz, Chair, Pastoral Care Committee

CALENDAR HIGHLIGHTS

Deadline for Sept./Oct. Saltire articles, August 23

Kickoff Sunday, with Activities Fair and Sunday School Registration, September 11

First Day of Sunday School, September 18, 9:00 a.m

Bella's Books, Bargains, and Bake Sale, September 24

Welcome our Newcomers

Please welcome our newcomers and help them feel at home. It helps to remember this rule of thumb for coffee hour and other parish events: spend the first three minutes introducing yourself to someone you don't know. Also, remember to grab your nametags in White Hall before or after the service!

Anna Margaret Brown

Lisa Hodges

Penny Meredith

Emily and Tim Scott

Vestry Updates

At our May meeting, we welcomed newly-elected members for an orientation. Their official terms begin in September but our practice is to provide a period of orientation during the summer prior. New members are Drew Anderson, Eddie Brown, David Branch, Molly Dey, and Jon Hanbury. We also enjoyed social time at Senior Warden Kristan Burch's home as we thanked outgoing members who will conclude their terms this summer.

In June, we caught up on a number of housekeeping items. We elected lay delegates to represent St. Andrew's at next winter's Diocesan Council. Those elected were Mavis Benz, Tim Coyle, Lois Gail Davis, and Deane Sobol. Judy Blevins will serve as the alternate. We also accepted the resignation from the Vestry of Judie Belka, whose spot will be filled by the Vestry in the months ahead. Additionally, we heard updates on the progress of the renovation and rental of the Rectory at 1010 Graydon Avenue, as well as the columbarium and memorial garden project. The renovations at the Rectory are complete and we expect it to be rented in early July. As for the columbarium, we are in the process of receiving final bids for the project from local contractors, with the hope that the construction can get underway as soon as possible.

Parish Prayers and Thanksgivings

Births: Emily Virginia Gruenwald, the daughter of Janet Blevins and Erik Gruenwald and granddaughter of Judy and Steve Blevins, was born May 29, 2016.

Natalie Crossette Davis, the daughter of Stephanie and Preston Davis and granddaughter of Cindy Dillon Klingensmith and Chauncy Klingensmith, was born Sunday, May 15, 2016.

Molly Anne Hanbury, daughter of Caitlin and Joshua Hanbury and granddaughter of Jon and Paul Hanbury, was born May 12, 2016

Amelia Catherine and Charlotte Elena Bota, twin daughters of Tara and James Bota, were born on April 25, 2016.

Baptisms: Samantha Kovalcik and Brooklyn Soscia., Sunday, May 8

PARISH NEWS AND NOTES

BOOKS, BAKE SALE AND BOUTIQUE RETURNS SEPTEMBER 20

Do you realize that this is our 9th annual book sale? There have been many changes in reading habits since we started this annual sale almost a decade ago. Ebooks and e-readers have become more and more popular but for a significant percentage of the population the romance of books has never gone away. So this brings us to the real intent of this article. We need your books! As in past years, we will take any types of books EXCEPT text books and out-of-date travel books, financial/investing books and medical/health books. They should be in good condition: in-

tact covers, spines, and pages. Please don't bring books that have been sitting in the attic or basement and are mildewed or fusty. We are always on the lookout for children's books. In addition, we will be selling CDs, DVDs, games jigsaw puzzles, and any complete boxes of notecards or other cards.

We'll also be having a bake sale. We will send out an email and also have a sign-up sheet out in White Hall. We'll start asking for volunteers sometime in August. Just think, you can bake something during the summer that freezes well and give it to us in September! Last year we added some additional sale items that proved to be very popular - ham rolls and vegetarian chili.

What we will <u>NOT</u> be having is a rummage sale. Sales have been decreasing over the last couple of years and the sale produces too much clutter for us to store until the time of the sale. The boutique part of the sale refers to sale items from the Church Mouse.

To do all of this we will need volunteers. A requesting email will be sent out in July and there will also be a sign-up sheet outside of White Hall. Think about giving us a little of your time, it is great fun.

Notes from the Anglican Association of Musicians Conference, by Stephen Leist

The most meaningful professional development opportunity for me is the annual conference of the Association of Anglican Musicians, which includes church musicians and clergy primarily from the United States and Canada. This year marked the 50th anniversary of the founding of the AAM by James Litton and several other organistchoirmasters in the Episcopal Church. This conference is a wonderful time for worship, experiencing church music in a variety of formats, and stimulating creativity in the liturgical arts.

Unlike past years, this year's conference did not contain anything experimental, being as it was a celebration. We were treated to Evensong at Christ Church, Greenwich CT, led by their Girls Choir, a concert by the Men & Boys Choir of St. Thomas Church NYC, and another Evensong at Trinity-on-the-Green in New Haven. Morning Eucharists were held at St. John's in Stamford and the day in New Haven began with sung Morning Prayer at Christ Church. The sermons were very enriching, as they touched on the importance of music in our worship.

Among various professional concerns, the delegation of the AAM to the national standing committee on the prayer book and hymnal was presented. One of the members is Ellen Johnstone, a church musician in Richmond and wife of the Bishop of Virginia. Their introduction was a reminder of a resolution passed at the last General Convention that called for this committee to present a process for prayer book and hymnal revision at the next General Convention in 2018. It is likely that we can expect a new prayer book and hymnal some time in the next eight years.

Probably the best part of attending AAM is the chance to catch up with old friends from around the country and make new ones. I was able to meet several people from around Virginia this time that will be helpful to know, including Bill Bradley Roberts, priest and musician at Virginia Seminary. I have always come away from this conference refreshed and energized and ready to being a new year.

Help Support Laundry Love

Our Laundry Love program is going really well! We have established a great working relationship with the community, and the folks we have served have been genuinely appreciative of our ministry.

We really need your support to sustain this most valuable relationship and ministry. Each event runs around \$600. One of the contributing factors in this cost is purchasing detergent pods, dryer sheets, bleach and healthy snacks and water. You can be a part of this ministry by contributing in several ways. You can volunteer to help with an event. You can purchase detergent pods, dryer sheets or healthy snack foods and donate them. Finally, you can make a financial contribution as well.

Our next Laundry Love events are July 21 and August 18. We gather at Soap and Suds on Colley and 27th at about 5:15 pm. The event runs from 5:30 until 7:30pm. If you want to participate, we hope you will join



us for any amount of time you are able to spare! Please email Deacon Marguerite and let her know if you are able to join us. Dona-

tions for Laundry Love can be given to the church office. Thank you for your support and thanks to those of you who have joined us for events so far!

Congratulations to our Graduates!

College Graduates

Armistead Wheeler Dey III, James Madison University, B.S. in Engineering, with a Minor in Mathematics

Holt Given Lassiter, University of Virginia, B.S. in Mechanical Engineering

Brenna Marie Miller, Virginia Commonwealth University, B.A. in Music, with a concentration in Voice

Elske Adriana Parker, University of the South, B.A. in Economics

Samuel Phillips Warren, Bates College, B.A. in Rheto-ric

High School Graduates (with college destination)

Kara Helen Johnson (Tulane University)

Allison Elizabeth Pegram (College of Charleston)

Catherine Brooks Warren (Univ. of Mary Washington)

Church Mouse Gift Shop

During the summer months of June, July, and August the shop will be open after both Sunday services. On selected Sundays we will be offering sample of our food products, so please come by and try them. Of course we will have gifts available for every occasion and new items from time to time. Hope we'll see you there.

Centering Prayer

A small group of parishioners participate with other area church members in Centering Prayer sessions meet every Wednesday morning at 6:30 am in the Guild Room. *Centering Prayer* is a *method* of prayer, which prepares us to receive the gift of God's presence, traditionally called contemplative prayer. Rev. Julia Dorsey started this prayer practice at St. Andrew in 2005, the sessions are open to everyone, and won't you consider joining.

Holy Communion

Whenever you may be worshiping at St. Andrew's and for whatever reason you are not able to come to the rail for Eucharist, just notify an usher of your need, and the clergy will be delighted to serve you in your pew. Also, gluten free wavers and nonalcoholic wine.



ST. ANDREW'S EPISCOPAL CHURCH

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> A neighborhood church with a heart for the world.

LABEL HERE



St. Andrew's Mission Statement

St. Andrew's is a parish of worship, spiritual growth, acceptance and healing centered in the Eucharist. We reach beyond ourselves, striving to allow God to work through our hands as Christ's own. As a place of hope for all people, we celebrate with joy through grace our oneness in Christ.

St. Andrew's Officers and Vestry

Kristan Burch, Sr. Warden Greg Murphy, Jr. Warden Larry Brett, Treasurer Dennis Pendleton, Register

> Mavis Benz Judy Blevins Paul Kovalcik Jim Kruger Page Lea Doug Mitchell Wendy Nuzzo Amber Pickrell Sheri Searing Andy Stephenson Mike Whitehurst

St. Andrew's Staff

The Rev. John Rohrs, Rector

The Rev. Andie W. Rohrs Priest Associate

The Rev. Dr. Marguerite Alley Deacon

> Dennis Sipes Parish Administrator

Stephen Leist Director of Music Ministry

Richard Rigg Associate Director of Music Ministry

Harper Lewis Director of Children's and Youth Ministry

JonMichel Sipes, Sexton