“Walking The Brain”

From Steve Caldwell (http://profoncall.blogspot.com) via Bob Tiede

**WHAT?**

**What in life is going well for you?**

**What is not?
Where do you feel you are stuck and cannot move forward in life?**

**What needs to change?**

**WHY?**

**Why is it important that life go well?**

**Why are there things in life not going well?**

**Why are you stuck?
Why should you change?**

**HOW?**

**How are you doing things right now?**

**How do you make mistakes?**

**How do you get unstuck so you can move forward?**

**How do you change?**

**WHO?**

**Who benefits from your life going well?**

**Who is not benefiting now?**

**Who is standing in your way?**

**Who wants to change?**