

# SNACK HELPER

The children will take turns being "Snack Helper". The child's job will be to bring and serve a healthy snack that day (during COVID, the teacher will be handling the food with gloves but will find creative ways to include the Snack Helper in the process). If they are comfortable, they may say a prayer over the snack. Signing up as Snack Helper is optional. Students are not required to participate in this, but the kids really love it!!!

**MOST PARENTS SIGN UP TO BE SNACK HELPER ON OR AROUND THEIR CHILD'S BIRTHDAY AND/OR ONCE A MONTH**

**DUE TO FOOD ALLERGIES, BE SURE NOT TO BRING ANYTHING THAT CONTAINS THE FOLLOWING INGREDIENTS...PLEASE NOTE, THIS LIST MAY CHANGE IF WE HAVE NEW STUDENTS WITH ALLERGIES!**

## All Nuts/Peanut Butter

\*\*\*Due to COVID, **ALL SNACKS MUST BE STORE BOUGHT AND SEALED.** Please include the nutritional facts so we can check the ingredients. Thank you!

We will utilize SignUpGenius for our Snack Helper Sign-Up this year. Visit our website at [www.ccpuyallup.com](http://www.ccpuyallup.com) to access the link to your child's class. You should receive a reminder from SignUpGenius a couple of days before your child is scheduled to be Snack Helper.

Drinks are optional. We always have Dixie cups and water available.

Birthday snacks are always fun, but try to make healthy choices if at all possible! For example, if your child wants to bring cupcakes for his birthday, maybe bring in mini-cupcakes and fruit to go with it...

Finally, when your child is Snack Helper, please be sure to write their name and what class they are in somewhere on the snack so we make sure it makes it to the correct class.