

ADULT SUNDAY SCHOOL

OUTLINE - 10/27/13

HEBREWS 4:9-16

Hebrews 4:9

Sabbath rest

Hebrews 4:10

Key to entering rest: Resting from our own works as God did from His

1. No longer doing our own will
2. No longer doing God's will in our own strength

Hebrews 4:11

Be "diligent" to enter His rest - a deliberate paradox

Hebrews 4:12-13

The word of God is:

1. living and powerful
2. sharper than any two-edged sword
3. can discern between what is soulish and what is spiritual
4. can discern our true thoughts and intentions
5. all things are naked and laid bare

God's word is able to penetrate to every area of our lives.

If we regularly expose ourselves to God's Word, it will expose and lay bare any hidden areas of unbelief or disobedience in our lives.

Hebrews 4:13

All things are naked and open to the eyes of Him to whom we must give account.

Greek - "trachelizo" = to lay bare, to expose the throat of a victim for killing

The Word of God will keep you from sin, or sin will keep you from the Word of God

Hebrews 4:14-16

Confident Access to God

1. verse 14 - Third passage stating "Let us" - Let us hold fast our confession
2. verse 15 - Jesus - our High Priest - can sympathize with our weaknesses - Why?
Can never say that Jesus doesn't understand
3. verse 16 - Fourth passage stating "Let us" - Let us draw near with confidence to the throne of grace

Throne - Jesus, the King of Kings, sits on this throne

Grace - unmerited favor, not to be earned, only to believe

Summary: Entering into God's appointed rest

1. There is an appointed rest for us as God's people - Hebrews 4:9

2. This rest is tied into our inheritance

3. Our inheritance and rest becomes ours only through our relationship with Jesus

4. The greatest hindrance to entering into His rest is UNBELIEF - Hebrews 3:12, 19

5. Requirements for entering God's rest
 - a. Giving attention to hearing God's voice
Hebrews 3:7, Hebrews 3:15, Hebrews 4:7

 - b. Resting from our own works
Hebrews 4:10

 - c. Committing to do the work God has appointed for us
Rest is not laziness - God has appointed specific works for us to do -
Ephesians 2:10

 - d. Rest is relying on God's supernatural grace and power - not our own ability
Jesus as our example - John 14:10
Paul as our example - Colossians 1:29
Zechariah 4:6

 - e. Keeping a bold confession of our faith and hope
Hebrews 3:6, Hebrews 3:14, Hebrews 4:14

Rest is based on relationship - not circumstances