

SESSION 7

HEBREWS 4. 1-10

Review Points From Previous Sessions

Learning Targets for Enduring Understanding from this Session

1. Understand the nature of and the necessity for the rest God has for every believer
2. Understand the need for intimacy with God through prayer and the study and application of His Word lest you be deceived and fall short of the rest that He provides you in Christ Jesus

V 1 What are the warnings advanced?

1. The quiet urgency for the spread of the Gospel of Jesus Christ
2. Holy fear as the dynamic engine of right character and conduct-illuminated self examination

Prov 1.7

V 2 Who is "them"? Heb 3.10 1 Cor 10.1-12

What exactly was their problem?

Rest comes only when we become vitally united to the Word of God by means of the response of real faith.

V 3-4 How do we understand the Word – Faith – Rest dynamic?

What is the outworking of this Rest in real life experience?

Heb 2. 14b-15

Ps 23. 1-2

What is the lesson of vv 3c and 4?

Gen 2.2

The significance of "finishing" and "resting".

Rest – Heb "shabath" - sabbath

Resting involves the reflecting back upon and appreciating and celebrating the work finished.

Rest is foundational for the journey ahead as reflection and revelation beget inspiration , spiritual

discipline and Christ- generated power to endure to the end.

V 5 The warning repeated : When God says “never” it is NEVER. There is no substitute for trusting faith.

V 6 What do you see as the implications and applications of this verse?

The evolving True Church of Jesus Christ and the need for personal surrender to His Work

The foreboding consequence of unbelief and disobedience creating the need for earnest self examination.

V 7 What is the significance of the repetition of Heb 3.15 in this verse?

V 8-10 How is the writer of Hebrews using the OT now?

God intends to His people to share in His own Sabbath Rest

The believer has entered into God’s Rest for him here and now in Christ Jesus but the fullness of the blessing is yet to be consummated.

Mtt 11.28-29

Rev 14.13