

## A 3-Part Heart-Check for Women in Ministry & Leadership

### The authentic heart:

- Do I \_\_\_\_\_ about  
\_\_\_\_\_ and \_\_\_\_\_?



### The connected heart:

- Do I \_\_\_\_\_ that comes to mind when  
\_\_\_\_\_?

### The restful heart:

- Do I know when to say \_\_\_\_\_?



#### **Recommended Resources:**

**Margin** by Richard A. Swenson, M.D.

**The Life You've Always Wanted** by John Ortberg

**One Thousand Gifts** by Ann Voscamp

**Having a Mary Heart in a Martha World**  
by Joanna Weaver

**The Worn Out Woman** by Dr. Steve Stephens & Alice Gray

**Strengthening the Soul of Your Leadership** by Ruth Haley Barton

**Invitation to Solitude and Silence** by Ruth Haley Barton

**A Work of Heart** by Reggie McNeal