

YMCA of Marquette Summer Programs

Session Dates - Summer 1 June 16 - July 19 (No programs Friday July 4) **Summer 2** July 21 - Aug 23
Registration - YMCA Members May 19 & June 23 - **YMCA Non Members** May 27 & June 30

	Ages	Date (s)	Day	Time	Member	Non Member
ADULT PROGRAMS - Marquette Location						
Ore To Shore	16 and up	June 16 - Aug 4	Mon	7:15pm - 8:15pm	\$55	\$65
Cardio Tennis	18 and up	Summer 2	Mon OR Thurs	6pm - 7pm 9:30 - 10:30am	\$30	\$45
Adult Swim	16 and up	Summer 1	Tues & Thurs	5:30pm - 7pm	\$125	\$180
Adult Karate	18 and up	Summer 1	Wed	6:00 - 7:00am	\$26	\$39
Yoga for the Back	18 and up	Summer 1	Wed	10:30am - 11:30am	\$29	\$39
Women's Strength Training	18 and up	Summer 1 & 2	Wed	1pm - 2pm	\$39	\$49
Swinging Seniors	50 and up	Summer 2	Thurs	11am - 12pm	\$30	\$45
Adult Beginner/Intermediate Tennis Camp	18 and up	June 22 & 29	Sun	6 - 8pm	\$34	\$51
Gluten Free Grocery Shopping with RD Monica Nelson	16 and up	June 14, 21 July 12, 26 Aug 16 OR 23	Sat	2pm - 4pm	\$25	\$30

ADULT PROGRAMS - West End Location

Yoga for the Back	16 and up	Summer 1 & 2	Mon	6:45pm - 7:45pm	\$27	\$40
Cardio Tennis	18 and up	Summer 2	Tues OR Fri	8:30am - 9:30am	\$30	\$45
Swinging Seniors	50 and up	Summer 2	Tues	1:30pm - 2:30pm	\$30	\$45
My Metabolism	16 and up	Summer 1	Tues	6pm - 7pm	\$33	\$49
Evening Boot Camp	16 and up	Summer 1	Tues	6:30pm - 7:30pm	\$30	\$45
Morning Boot Camp	16 and up	Summer 2	Tues	7am - 8am	\$30	\$45
Enhance Fitness	50 and up	Summer 1 & 2	Mon & Wed	10am - 11am	Free	\$30

ART PROGRAMS - West End Location

Tiny Tot Art Summer Camp	3 - 5 years	June 23 - 27	Mon - Fri	10am - 11am	\$36	\$53
Explorations in Art Summer Camp	6 - 10 years	June 23 - 27	Mon - Fri	12pm - 1:30pm	\$46	\$68
Giant Zoo Animals Art Camp	7 - 14 years	July 14 - 18	Mon - Fri	12pm - 2pm	\$56	\$84
Explorations in Art Summer Camp	6 - 10 years	Aug 18 - 22	Mon - Fri	12pm - 1:30pm	\$46	\$68

FAMILY PROGRAMS - West End Location

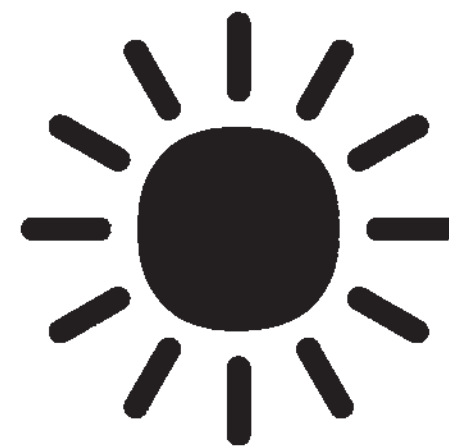
Parent and Infant Massage Clinic	6 wks - 1 year	July 12 OR Aug 9	Sat	9:30am - 10:30am	\$8	\$12
Parent and Tot Tumbling	1.5 - 3 years	Summer 1 & 2	Wed	5pm - 5:30pm	\$20	\$30
Family Karate (Rate includes parent & 1 child--each additional child is \$8.00)	4 and up w/parent	Summer 1	Tues	6:00pm - 7:00pm	\$26	\$39
Family Yoga	4 and up w/parent	Summer 1 & 2	Mon	5:45pm - 6:30pm	\$27	\$40

TINY TOT CAMPS - West End Location

Tiny Dance Camp	2.5 - 5 years	Aug 4 - 8	Mon - Fri	11am - 11:40am	\$22	\$33
Super Heroes Camp	3 - 5 years	July 7 - 11	Mon - Fri	11am - 11:40am	\$19	\$28
Princess Camp	3 - 5 years	June 16 - 20	Mon - Fri	11am - 11:40am	\$19	\$28
Pirate Camp	3 - 5 years	Aug 11 - 15	Mon - Fri	11am - 11:40am	\$19	\$28

YOUTH PROGRAMS - West End Location

Tiny Dancer 1	2.5 - 5 years	Summer 1 & 2	Sat	10:30am - 11am	\$22	\$33
Beginning Gymnastics	3 - 4 years	Summer 1 & 2	Wed	5:45pm - 6:25pm	\$22	\$33
Gymnastics Level 1	4 - 6 years	Summer 1 & 2	Wed	6:30pm - 7:10pm	\$22	\$33
Beginning Jazz	6 - 8 years	Summer 1	Sat	11:15am - 12pm	\$24	\$36
Beginning Ballet	6 - 8 years	Summer 2	Sat	11:15am - 12pm	\$24	\$36
Youth Karate	6 and up	Summer 1	Thurs	6pm - 7pm	\$24	\$36
Youth Fit Club	8 - 14 years	Summer 1 & 2	Mon & Wed	9:30am - 10:15am	\$20	\$30
Youth Fitness Certification	12 - 16 years	June 21, July 12, 26 Aug 9 OR 23	Sat	10am - 11:30am	\$16	\$24



YMCA SUMMER PROGRAMS

PROGRAMS FOR MARQUETTE & WEST END LOCATION

Program Session Dates

Summer 1 June 16 - July 19
 (No programs Friday July 4)
 Members Registration May 19
 Non Members Registration May 27

Summer 2 - July 21 - August 23
 Members Registration June 23
 Non Members Registration June 30

REGISTRATION REMINDERS

Please adhere to the program age requirements and max capacity numbers, these are set to ensure program safety and quality. All programs require advance registration. **Registration prices will increase by \$5 per program if signing up on or after June 16 for Summer 1 programs and July 21 for Summer 2 programs.**

YMCA OF MARQUETTE COUNTY
 1420 Pine Street Marquette MI 49855
 P 906 227 9622 F 906 227 9248
 W YMCAMQT.ORG

YMCA OF MARQUETTE COUNTY
WEST END LOCATION
 350 Iron Street Negaunee MI 49866
 P 906 475 9666 F 906 475 9666
 W YMCAMQT.ORG

YMCA of Marquette Summer Programs

Session Dates - Summer 1 June 16 - July 19 (No programs Friday July 4) **Summer 2** July 21 - Aug 23
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	Ages	Date (s)	Day	Time	Member	Non Member
Articatz Volleyball						
Articatz Sand Volleyball (Training & Conditioning)	High School	Summer 1	Mon	10am - 12:30pm	\$60	\$85
Articatz HS Skill Development Clinics	High School	June 19, 26 July 10, 17 & 24	Thurs	6:30pm - 7:30pm	\$60	\$85
Articatz Middle School Skill Develop Clinics	Grades 5 - 8	June 16, 23, 30 July 7 & 14	Mon	6:30pm - 8pm	\$50	\$70
Articatz Boot Camp	Grades 8 - 12	July 28 - Aug 1	Mon - Fri	4pm - 5:30pm	\$90	\$120

AQUATICS - Marquette Location

Parent and Child Swim	6 months - 3 years	Summer 1 & 2	Mon	6:05pm - 6:35pm	\$24	\$36
Parent and Child Swim	6 months - 3 years	Summer 1 & 2	Wed	5:30pm - 6:00pm	\$24	\$36
Parent and Child Swim	6 months - 3 years	Summer 1 & 2	Thurs OR Sat	10:00am - 10:30am	\$24	\$36
Preschool Swim (Transition from Parent-Child Swim)	2 - 3 years	Summer 1 & 2	Thurs OR Sat	10:35am - 10:55am	\$26	\$39
Preschool Swim	3 - 5 years	Summer 1 & 2	Mon	5:30pm - 6:00pm	\$33	\$50
Preschool Swim	3 - 5 years	Summer 1 & 2	Mon OR Wed	6:40pm - 7:10pm	\$33	\$50
Preschool Swim	3 - 5 years	Summer 1 & 2	Wed	6:05pm - 6:35pm	\$33	\$50
Preschool Swim	3 - 5 years	Summer 1 & 2	Thurs OR Sat	11:00am - 11:30am	\$33	\$50
Semi Private Swim Lessons (Groups of 2 only)	3 and up	Summer 1 & 2	By appt	Seven 30 minute sessions	\$54 each	\$81 each
Private Swim Lessons	3 and up	Summer 1 & 2	By appt	Seven 30 minute sessions	\$106	\$159
Special Needs Lesson	4 - 13 years	Summer 1 & 2	Sat	11:45am - 12:15pm	\$37	\$59
School Age Lessons—Level 1 and Level 2	6 - 13 years	Summer 1 & 2	Mon Wed Thur OR Sat	5:30pm - 6:15pm 6:20pm - 7:05pm 10:00am - 10:45am 10:50am - 11:35am	\$37	\$59
School Age Lessons - Level 3 and Level 4	6 - 13 years	Summer 1 & 2	Mon Wed Thur OR Sat	6:20pm - 7:05pm 5:30pm - 6:15pm 10:50am - 11:35am 10:00am - 10:45am	\$37	\$59
Springboard Diving (MSHS Pool)	8 and up	June 16-July 31	Mon & Wed	12:00pm - 12:50 pm	\$90	\$135

COMPETITIVE SWIM - Marquette Location

Intro to Competitive Swim Strokes	8 and up	June 17 - July 10 OR July 15 - Aug 7	Tues & Thurs	5:30pm - 6:15pm	\$65	\$90
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KARATE - Marquette Location

Karate Tots	3 - 5 years	Summer 1	Wed	9am - 9:45am	\$30	\$45
Youth Karate (All Ranks)	6 and up	Summer 1	Wed	5pm - 6pm	\$40	\$60
Youth Karate (All Ranks)	6 and up	Summer 1	Sat	10am - 11am	\$40	\$60
Family Karate (Rate includes parent & 1 child— each add. child \$8)	6 and up	Summer 1	Sat	11am - 12pm	\$35	\$53

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KAYAK/SUP PROGRAMS						
Kayak Adventure	8 and up	Weeks of June 16, July 7, 21 Aug 4 OR Aug 18	Mon - Wed	1pm - 4pm	\$125/wk	\$185/wk
Kayak Expeditions	10 and up	Weeks of June 23, July 14, 28 OR Aug 11	Mon - Wed	12pm - 4pm	\$150/wk	\$210/wk
Explore Presque Isle by Kayak	12 and up	June 23, 30, July 7, 14, 21, 28 Aug 4, 11 & 18	Mon	6pm - 8pm	groups 1-4 \$175/group groups 5-8 \$250/group	groups 1-4 \$225/group groups 5-8 \$300/group
Family Fun Kayak/SUP Excursion	8 and up	July 5, 12, 26 Aug 2, 9, 16, 23	Sat	10am - 12pm	groups 1-4 \$150/group groups 5-8 \$225/group	groups 1-4 \$200/group groups 5-8 \$275/group
WOW SUP Adventures	10 and up	June 25, July 2, 9, 16, 23, 30 Aug 6, 13 & 20	Wed	6pm - 8pm	groups of 1-4 \$100/group	groups of 1-4 \$150/group

TENNIS - (Tennis will be held at MQT and ISH . * indicates Tennis is located in ISH at the playground courts on Empire St.)

Tot Tennis	3 - 5 years	Summer 1 & 2	Mon	10am - 10:45am	\$30	\$45
* Tot Tennis	3 - 5 years	Summer 1	*Fri	10am - 10:45am	\$30	\$45
10 and Under Tennis Red	5 - 7 years	Summer 1 & 2	Mon	11am - 12pm	\$34	\$51
* 10 and Under Tennis Red	5 - 7 years	Summer 1	*Tues	10am - 11am	\$34	\$51
10 and Under Tennis Red	5 - 7 years	Summer 1 & 2	Thurs	5:30pm - 6:30pm	\$34	\$51
10 and Under Tennis Orange	8 - 10 years	Summer 1 & 2	Mon	7:15 - 8:15pm	\$34	\$51
* 10 and Under Tennis Orange	8 - 10 years	Summer 1	*Tues	11:15am - 12:15pm	\$34	\$51
10 and Under Tennis Orange	8 - 10 years	Summer 1 & 2	Thurs	6:30pm - 7:30pm	\$34	\$51
Adaptive Tennis Class	7 - 11 years	Summer 1 & 2	Mon	1:30pm - 2:30pm	\$34	\$51
Junior Development Camp	11 - 15 years	June 18 & 25 OR July 23 & 30	Wed	2pm - 4pm	\$34	\$51

TINY TOT CAMPS - Marquette YMCA Location

Tiny Tot Nature Camp	3 - 5 years	June 23 - 27	Mon - Fri	2pm - 3pm	\$30	\$45
Jump up and Dance	3 - 4 years	July 7 - 11	Mon - Fri	9am - 11am	\$30	\$45
Princess Camp	3 - 5 years	July 7 - 11	Mon - Fri	2pm - 3pm	\$30	\$45
Little Ballerinas	4 - 8 years	July 14 - 18	Mon - Fri	8am - 12pm	\$54	\$81
Pirate Camp	3 - 5 years	July 21 - 25	Mon - Fri	2pm - 3pm	\$30	\$45
Super Hero Camp	3 - 5 years	Aug 4 - 8	Mon - Fri	5:15pm - 6pm	\$30	\$45
Tiny Tot Art	3 - 5 years	Aug 4 - 8	Mon - Fri	2pm - 3pm	\$34	\$51

YOUTH FITNESS - Marquette Location

Youth Ore To Shore Training	8 - 12 years	July 2 - Aug 8	Tues & Thurs	3:30pm - 4:15pm	\$60	\$70
Summer Fit Kids	8 - 14 years	Summer 1 & 2	Tues & Thurs	5:30pm - 6:15pm	\$30	\$45
Youth Running Club	9 - 13 years	Summer 1 & 2	Mon	10am - 10:45am OR 5:30pm - 6:15pm	\$30	\$40
Family Bike Skills Clinic	All ages	June 6, July 26, OR Aug 30	Sat	10am - 12pm	\$30	\$40
Youth Fitness Certification	12 - 16 years	June 7, 21, July 12, 26 Aug 2, 16, OR 30	Sat	10:00am - 11:30am	\$16	\$24