

# 14th Annual YMCA Run/Walk



## Division Results

Rank	Bib	Name	City / State	AG (Rank)	Time	Pace
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### 5K Walk

#### Female

1	107	Christie Mcguigan		F 40-49 (1)	0:36:52.4	7:22 Min/KM
2	119	Linn Carlson		F 50-59 (1)	0:41:01.0	8:12 Min/KM
3	126	Sue Ann Britton		F 50-59 (2)	0:41:07.4	8:13 Min/KM
4	241	Ava Proehl		F 5 & U (1)	0:48:46.2	9:45 Min/KM
5	117	Vicki Sarasin		F 40-49 (2)	0:57:02.0	11:24 Min/KM
6	128	Nezylle Balasabas		F 30-39 (1)	0:57:21.6	11:28 Min/KM
7	115	Diane Ragusett		F 60-69 (1)	1:00:58.1	12:11 Min/KM

#### Male

1	113	Brian Turek		M 30-39 (1)	0:23:25.3	4:41 Min/KM
2	228	Grady Schumann		M 6-9 (1)	0:39:52.3	7:58 Min/KM
3	109	Donald Grisham		M 60-69 (1)	0:39:53.3	7:58 Min/KM
4	114	Peter Beale		M 70 & Over (1)	0:57:03.2	11:24 Min/KM
5	127	Peter Sia		M 30-39 (2)	0:58:20.0	11:40 Min/KM



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Rank	Bib	Name	City / State	AG (Rank)	Time	Pace
<b>5K Run</b>						
<b>Female</b>						
1	157	Kelly Golz		F 30-39 (*)	0:21:16.6	4:15 Min/KM
2	150	Karla Juntti		F 40-49 (*)	0:22:32.0	4:30 Min/KM
3	144	Mari Harmala		F 20-29 (*)	0:22:44.1	4:32 Min/KM
4	191	Patricia Hellman		F 40-49 (1)	0:23:16.7	4:39 Min/KM
5	209	Pamela Malmsten		F 50-59 (1)	0:23:18.0	4:39 Min/KM
6	139	Nicole Fossitt		F 20-29 (1)	0:23:27.0	4:41 Min/KM
7	193	Sarah Burg		F 20-29 (2)	0:24:03.5	4:48 Min/KM
8	151	Kelly Poirier		F 20-29 (3)	0:24:23.6	4:52 Min/KM
9	182	Connie Vanderschaaf		F 40-49 (2)	0:25:00.2	5:00 Min/KM
10	211	Carol Gaffney		F 40-49 (3)	0:25:16.5	5:03 Min/KM
11	198	Mollie Kilpela		F 10-12 (1)	0:25:29.9	5:05 Min/KM
12	234	Ericka Asmus		F 10-12 (2)	0:25:45.1	5:09 Min/KM
13	184	Jingfang Niu		F 50-59 (2)	0:26:17.4	5:15 Min/KM
14	163	Bonnie Kilpela		F 40-49 (4)	0:26:27.1	5:17 Min/KM
15	133	Kelly Schultz		F 30-39 (1)	0:27:13.2	5:26 Min/KM
16	135	Jennifer Carlson		F 30-39 (2)	0:27:22.7	5:28 Min/KM
17	249	Demi Mathews	Marquette, Mi	F 10-12 (3)	0:27:45.1	5:33 Min/KM
18	194	Kimberly Wilderspoon		F 30-39 (3)	0:27:57.6	5:35 Min/KM
19	185	Deb Jean		F 50-59 (3)	0:28:04.9	5:36 Min/KM
20	186	Lauren Dillon		F 30-39 (4)	0:28:09.0	5:37 Min/KM
21	159	Alyssa Erickson		F 30-39 (5)	0:28:16.2	5:39 Min/KM
22	245	Allison Harper		F 20-29 (4)	0:28:31.0	5:42 Min/KM
23	140	Mary Labelle		F 40-49 (5)	0:28:43.1	5:44 Min/KM
24	216	Dawn Mole		F 40-49 (6)	0:29:36.1	5:55 Min/KM
25	223	Delaney Lovett		F 20-29 (5)	0:29:52.5	5:58 Min/KM
26	167	Bridget Seelen		F 40-49 (7)	0:30:02.4	6:00 Min/KM
27	121	Kimberly Grutt		F 30-39 (6)	0:30:06.6	6:01 Min/KM
28	235	Haley Thams		F 10-12 (4)	0:31:07.2	6:13 Min/KM
29	188	Sara Poirier		F 30-39 (7)	0:31:18.0	6:15 Min/KM
30	170	Holly Dutton		F 30-39 (8)	0:31:38.0	6:19 Min/KM
31	169	Terra Menghini-Cox		F 40-49 (8)	0:31:39.3	6:19 Min/KM
32	153	Krista Spickerman		F 30-39 (9)	0:32:10.4	6:26 Min/KM
33	187	Sara Beck		F 20-29 (6)	0:32:15.1	6:27 Min/KM
34	218	Sandra Purrington		F 70 & Over (1)	0:32:33.6	6:30 Min/KM
35	201	Erin Vanderschaaf		F 10-12 (5)	0:32:40.4	6:32 Min/KM
36	166	Mary Campbell		F 30-39 (10)	0:32:41.2	6:32 Min/KM
37	208	Katie Kauppila		F 30-39 (11)	0:33:03.8	6:36 Min/KM
38	136	Emily Westphal		F 20-29 (7)	0:33:32.2	6:42 Min/KM
39	168	Kimberly Myers		F 40-49 (9)	0:33:43.2	6:44 Min/KM
40	161	Samantha Kerbersky		F 20-29 (8)	0:34:26.3	6:53 Min/KM
41	179	Jennie Oja		F 40-49 (10)	0:34:31.7	6:54 Min/KM
42	197	Sofia van Den Ende		F 10-12 (6)	0:35:06.4	7:01 Min/KM



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Rank	Bib	Name	City / State	AG (Rank)	Time	Pace
43	164	Renee Rogers		F 50-59 (4)	0:35:39.9	7:07 Min/KM
44	146	Jessica Dauffenbach		F 30-39 (12)	0:36:12.4	7:14 Min/KM
45	176	Danielle Laforest		F 30-39 (13)	0:36:28.2	7:17 Min/KM
46	177	Steffanie Pepin		F 20-29 (9)	0:36:39.3	7:19 Min/KM
47	173	Gail Brayden		F 60-69 (1)	0:37:15.4	7:27 Min/KM
48	172	Danielle Waite		F 40-49 (11)	0:37:24.9	7:28 Min/KM
49	141	Sabrina Rusch		F 20-29 (10)	0:38:17.0	7:39 Min/KM
50	247	Kristina Plattenberg	Marquette, Mi	F 30-39 (14)	0:39:31.3	7:54 Min/KM
51	180	Kelly Korpi		F 20-29 (11)	0:39:31.7	7:54 Min/KM
52	232	Shemye Woodworth		F 50-59 (5)	0:39:43.8	7:56 Min/KM
53	154	Sarah Kuiper		F 20-29 (12)	0:40:03.8	8:00 Min/KM
54	174	Lynn Baldwin		F 60-69 (2)	0:42:00.6	8:24 Min/KM
55	110	Kara Coughlin		F 20-29 (13)	0:42:05.4	8:25 Min/KM
56	226	Robin Feuerman		F 20-29 (14)	0:42:06.7	8:25 Min/KM
57	175	Carol Gamber		F 50-59 (6)	0:42:19.1	8:27 Min/KM
58	220	Jeanne Friesen		F 50-59 (7)	0:42:49.4	8:33 Min/KM
59	171	Tiffany Anderson		F 20-29 (15)	0:43:55.1	8:47 Min/KM
60	240	Jessi Veseich		F 20-29 (16)	0:44:08.6	8:49 Min/KM
61	215	Brenda Meier-Walma		F 30-39 (15)	0:46:05.2	9:13 Min/KM
62	242	Cassidy Girard		F 16-19 (1)	0:48:49.1	9:45 Min/KM
63	190	Mary Welch		F 30-39 (16)	0:57:57.6	11:35 Min/KM
64	203	Alaura Welch		F 6-9 (1)	0:57:59.9	11:35 Min/KM

### Male

1	181	Connor Landick		M 20-29 (*)	0:19:18.2	3:51 Min/KM
2	207	Daniel Oswald		M 20-29 (*)	0:20:04.5	4:00 Min/KM
3	231	Niall Belton		M 20-29 (*)	0:20:50.2	4:10 Min/KM
4	219	Jamie Pancheri		M 40-49 (1)	0:21:26.3	4:17 Min/KM
5	192	Jake Palomaki		M 20-29 (1)	0:21:28.3	4:17 Min/KM
6	160	Ian Cavalieri		M 20-29 (2)	0:21:48.4	4:21 Min/KM
7	195	Drew Compau		M 20-29 (3)	0:22:21.0	4:28 Min/KM
8	206	Eric Jarvi		M 20-29 (4)	0:22:29.8	4:29 Min/KM
9	183	Roxin Zhang		M 50-59 (1)	0:22:33.2	4:30 Min/KM
10	134	Dean Schultz		M 30-39 (1)	0:22:33.7	4:30 Min/KM
11	204	Duncan Hogan		M 10-12 (1)	0:23:31.6	4:42 Min/KM
12	120	Neil Bonetti		M 30-39 (2)	0:23:34.7	4:42 Min/KM
13	202	Carson Vanderschaaf		M 6-9 (1)	0:23:48.2	4:45 Min/KM
14	237	Robert Blotter		M 50-59 (2)	0:23:56.3	4:47 Min/KM
15	246	Dan Lantis-Jeep Driver	Fife Lake, Mi	M 50-59 (3)	0:24:12.3	4:50 Min/KM
16	199	Luke Janofski		M 6-9 (2)	0:24:18.2	4:51 Min/KM
17	105	Zach Champion		M 13-15 (1)	0:24:18.6	4:51 Min/KM
18	102	Dominic Coughlin		M 10-12 (2)	0:24:31.7	4:54 Min/KM
19	229	Chase Collick		M 10-12 (3)	0:24:44.1	4:56 Min/KM
20	101	Bryce Coughlin		M 10-12 (4)	0:24:48.5	4:57 Min/KM
21	155	Kevin Clegg		M 30-39 (3)	0:25:09.3	5:01 Min/KM



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Rank	Bib	Name	City / State	AG (Rank)	Time	Pace
22	111	Justin Pelty		M 30-39 (4)	0:25:17.1	5:03 Min/KM
23	158	Paul Andersen		M 30-39 (5)	0:25:40.7	5:08 Min/KM
24	189	Jason Burgess		M 30-39 (6)	0:27:00.8	5:24 Min/KM
25	103	Caleb Bell		M 6-9 (3)	0:29:29.9	5:53 Min/KM
26	217	Chris Lutlens		M 40-49 (2)	0:29:36.1	5:55 Min/KM
27	244	Peter Kochis		M 30-39 (7)	0:29:45.1	5:57 Min/KM
28	200	Caleb Janofski		M 6-9 (4)	0:29:47.8	5:57 Min/KM
29	227	Moon Roche		M 50-59 (4)	0:29:56.3	5:59 Min/KM
30	142	Brian Farwell		M 50-59 (5)	0:30:12.6	6:02 Min/KM
31	236	Jim Thams		M 40-49 (3)	0:31:07.7	6:13 Min/KM
32	165	Robert Welker		M 40-49 (4)	0:31:21.9	6:16 Min/KM
33	233	Russell Magnagh		M 70 & Over (1)	0:32:52.4	6:34 Min/KM
34	145	Steven Mulari		M 10-12 (5)	0:32:53.9	6:34 Min/KM
35	112	Trever Wittock		M 30-39 (8)	0:33:43.8	6:44 Min/KM
36	178	Ronald Oja		M 40-49 (5)	0:34:31.6	6:54 Min/KM
37	152	Hendrik van Den Ende		M 50-59 (6)	0:35:06.4	7:01 Min/KM
38	148	Edwin Champion		M 40-49 (6)	0:35:19.8	7:03 Min/KM
39	162	David Schlickemeyer		M 60-69 (1)	0:36:32.2	7:18 Min/KM
40	214	Peter Walma		M 10-12 (6)	0:45:55.4	9:11 Min/KM



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## Division Results

Rank	Bib	Name	City / State	AG (Rank)	Time	Pace
<b>10K Run</b>						
<b>Female</b>						
1	332	Lindsey Dehlin		F 20-29 (*)	0:39:16.3	3:55 Min/KM
2	311	Alea Juntti		F 20-29 (*)	0:46:17.6	4:37 Min/KM
3	336	Sarah Featherly		F 20-29 (*)	0:49:02.0	4:54 Min/KM
4	324	Chelsea Roberts		F 20-29 (1)	0:50:20.1	5:02 Min/KM
5	316	Theresa Greer		F 30-39 (1)	0:51:44.9	5:10 Min/KM
6	318	Donna Thackwray		F 50-59 (1)	0:52:43.2	5:16 Min/KM
7	307	Alana Kiple		F 40-49 (1)	0:56:02.6	5:36 Min/KM
8	305	Jill Vestich		F 20-29 (2)	0:57:25.3	5:44 Min/KM
9	303	Stephanie Birch		F 40-49 (2)	0:59:02.3	5:54 Min/KM
10	334	Kari Sherry		F 30-39 (2)	0:59:29.2	5:56 Min/KM
11	309	Kristi Bell		F 30-39 (3)	1:00:37.1	6:03 Min/KM
12	317	Deanna Lacosse		F 30-39 (4)	1:02:03.9	6:12 Min/KM
13	329	Ruth Poutanen		F 60-69 (1)	1:05:49.0	6:34 Min/KM
14	320	Andrea Monnett		F 40-49 (3)	1:07:28.5	6:44 Min/KM
15	326	Victoria Wood		F 30-39 (5)	1:13:34.9	7:21 Min/KM
16	333	Kristie Patron		F 40-49 (4)	1:16:48.3	7:40 Min/KM
17	420	Fay Mchaney		F 60-69 (2)	1:17:35.4	7:45 Min/KM
18	325	Nora Bishop		F 30-39 (6)	1:28:02.0	8:48 Min/KM
<b>Male</b>						
1	331	Daniel Dehlin		M 30-39 (*)	0:33:29.8	3:20 Min/KM
2	335	Neal Collick		M 30-39 (*)	0:42:24.4	4:14 Min/KM
3	302	Jeff Legeret		M 40-49 (*)	0:43:28.0	4:20 Min/KM
4	248	Mike Stoolmiller	Marquette, Mi	M 50-59 (1)	0:44:35.2	4:27 Min/KM
5	328	Tyler Burton		M 20-29 (1)	0:45:32.3	4:33 Min/KM
6	319	Mark Janofski		M 30-39 (1)	0:48:35.8	4:51 Min/KM
7	301	Allan Mathie		M 30-39 (2)	0:49:07.4	4:54 Min/KM
8	327	Larry Morse		M 60-69 (1)	0:50:25.1	5:02 Min/KM
9	337	Dillon Kallory		M 16-19 (1)	0:50:35.9	5:03 Min/KM
10	339	Noah Nyquist		M 16-19 (2)	0:53:49.3	5:22 Min/KM
11	338	Nathan Poggi		M 20-29 (2)	0:53:54.0	5:23 Min/KM
12	340	Jeff Nyquist		M 30-39 (3)	0:53:54.8	5:23 Min/KM
13	306	William Kiple		M 50-59 (2)	0:57:36.2	5:45 Min/KM
14	313	Michael Mattila		M 30-39 (4)	0:57:41.3	5:46 Min/KM
15	321	Glenn Spencer		M 30-39 (5)	0:58:18.2	5:49 Min/KM
16	312	Chad Wester		M 40-49 (1)	0:59:02.6	5:54 Min/KM
17	330	Brien Ricci		M 50-59 (3)	0:59:51.3	5:59 Min/KM
18	322	Kevin Harrington		M 20-29 (3)	1:00:20.1	6:02 Min/KM
19	308	James Bell		M 30-39 (6)	1:00:36.7	6:03 Min/KM
20	323	Chris Prunick		M 20-29 (4)	1:01:24.8	6:08 Min/KM
21	314	Bruce Mchaney		M 70 & Over (1)	1:38:36.8	9:51 Min/KM



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### 10 Mile Run

#### Female

1	425	Jennifer Neuschwander		F 30-39 (*)	1:16:30.1	7:39 Min/Mile
2	414	Nina van Den Ende		F 40-49 (*)	1:19:38.4	7:57 Min/Mile
3	408	Jillian Dolkey		F 20-29 (*)	1:21:24.1	8:08 Min/Mile
4	406	Jennifer Baldwin		F 40-49 (1)	1:22:16.7	8:13 Min/Mile
5	411	Elizabeth Sprehe		F 20-29 (1)	1:22:35.5	8:15 Min/Mile
6	410	Maija Niemi		F 30-39 (1)	1:22:35.9	8:15 Min/Mile
7	413	Emily Kaare		F 30-39 (2)	1:23:46.8	8:22 Min/Mile
8	428	Kaylan Bernard		F 20-29 (2)	1:23:53.8	8:23 Min/Mile
9	250	Kate Borzick	Marquette, Mi	F 40-49 (2)	1:26:15.0	8:37 Min/Mile
10	405	Cindy Harwood		F 20-29 (3)	1:35:12.1	9:31 Min/Mile
11	431	Jennifer Leclair		F 30-39 (3)	1:37:12.7	9:43 Min/Mile
12	421	Connie Larson		F 30-39 (4)	1:38:15.2	9:49 Min/Mile
13	416	Amy Robare		F 30-39 (5)	1:39:55.9	9:59 Min/Mile
14	430	Gwen Magnuson		F 30-39 (6)	1:41:00.7	10:06 Min/Mile
15	407	Jean Fettig		F 50-59 (1)	1:42:23.2	10:14 Min/Mile
16	404	Jaime Houghton		F 30-39 (7)	1:43:39.5	10:21 Min/Mile
17	409	Jodi Niemi		F 30-39 (8)	1:43:58.0	10:23 Min/Mile
18	417	Carrie Richards		F 50-59 (2)	1:49:37.3	10:57 Min/Mile
19	419	Hilary Richardson		F 30-39 (9)	1:53:50.7	11:23 Min/Mile
20	427	Jayne Szukalowski		F 40-49 (3)	1:56:28.9	11:38 Min/Mile
21	402	Heather Sundberg		F 30-39 (10)	1:56:51.6	11:41 Min/Mile

#### Male

1	415	Ryan Lusardi		M 20-29 (*)	1:07:19.0	6:43 Min/Mile
2	418	Rob Cavalieri		M 50-59 (*)	1:07:27.0	6:44 Min/Mile
3	424	Travis Lang		M 20-29 (*)	1:07:46.3	6:46 Min/Mile
4	432	Dana Sherry		M 40-49 (1)	1:14:36.7	7:27 Min/Mile
5	412	David Devet		M 40-49 (2)	1:17:58.0	7:47 Min/Mile
6	422	Bill Sved		M 60-69 (1)	1:21:17.6	8:07 Min/Mile
7	403	Dominic Davis		M 20-29 (1)	1:23:56.6	8:23 Min/Mile
8	429	Josh Swedlund		M 20-29 (2)	1:25:39.6	8:33 Min/Mile
9	423	Ron Tervo		M 60-69 (2)	1:30:45.3	9:04 Min/Mile
10	401	Steven Mulari		M 30-39 (1)	1:34:24.7	9:26 Min/Mile
11	433	Tim Shandonay		M 30-39 (2)	1:37:55.6	9:47 Min/Mile



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### 1 Mile Youth Run

#### Female

1	11	Julia King		F 10-12 (*)	0:06:47.2	6:47 Min/Mile
2	12	Kemi Diem-Heslop		F 10-12 (*)	0:07:32.9	7:32 Min/Mile
3	6	Erin Vanderschaaf		F 10-12 (*)	0:07:36.0	7:36 Min/Mile
4	8	Elina Zhang		F 10-12 (1)	0:07:41.1	7:41 Min/Mile
5	2	Mckayla Quigley		F 10-12 (2)	0:07:42.2	7:42 Min/Mile
6	3	Aurora Welker		F 6-9 (1)	0:07:53.9	7:53 Min/Mile
7	13	Cassandra Davis		F 6-9 (2)	0:09:22.9	9:22 Min/Mile
8	9	Lila Dillon		F 6-9 (3)	0:10:17.6	10:17 Min/Mile
9	4	Aubrey Grutt		F 6-9 (4)	0:11:57.3	11:57 Min/Mile

#### Male

1	7	Colin Vanderschaaf		M 6-9 (*)	0:06:12.2	6:12 Min/Mile
2	243	Avery Pascoe	Marquette, Mi	M 6-9 (*)	0:06:32.7	6:32 Min/Mile
3	16	Carson Vanderschaaf		M 6-9 (*)	0:06:44.8	6:44 Min/Mile
4	14	Everett Sherry		M 6-9 (1)	0:07:54.1	7:54 Min/Mile
5	5	Brady Janofski		M 5 & U (1)	0:10:10.8	10:10 Min/Mile
6	10	Noah Dillon		M 6-9 (2)	0:11:37.9	11:37 Min/Mile

Number of records: 202

